

PSYCHOLOGY WITHOUT BORDERS

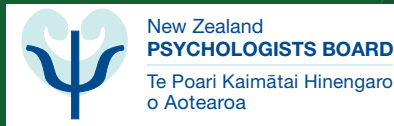
Mā te mahi kakama, kō atu

New Zealand Psychological
Society
Annual Conference 2016
1-4 September
WELLINGTON



Venue: Massey University

Proudly sponsored by:



The New Zealand
Psychological Society

Te Rōpū Mātai Hinengaro o Aotearoa

Programme at a glance

Friday 2 September

9.00am - **Mihi whakatau;**

opening speaker: Charles Waldegrave **4B06**

10.30am - *Morning tea*

11.30 am - **Keynote: Jennifer Muehlenkamp - 4B06**

12.00pm - Symposia and streams:

Refugees as Survivors - **4B06**

Guest speaker Julia Rucklidge- **ESS**

Clinical - **LT200**

PPARC- **5C18**

Working without Borders- **5C11**

Devlopm/Educational- **5C19**

3 I/O streams - **7D07, 7C21, 7D06**

1.00pm - *Book launch & Lunch*

2.00pm - **Keynote: Sonja Macfarlane- 4B06**

3.00pm - Symposia and streams

Refugees as Survivors ctnd - **4B06**

Guest speaker Marc Wilson- **ESS**

Clinical ctnd - **LT200**

Mental health - **5C18**

Working without Borders ctnd- **5C11**

Devlopm/Educational ctnd- **5C19**

I/O streams contd - **7D07, 7C21, 7D06**

4.00pm - *Afternoon tea*

4.30pm Refugees as Survivors ctnd - **4B06**

Mini-Wkshp, H Bilsen - **ESS**

Mini-Wkshp, Tauwiwi - **LT200**

Mini-Wkshp, Māori - **5C18**

Working without Borders ctnd- **5C11**

Devlopm/Educational ctnd- **5C19**

I/O streams contd - **7D07, 7C21, 7D06**

5.30pm - Whakawhanaungatanga (Fern & Flax Room)

Saturday 3 September

8.30am - Institute AGMs see timetable for rooms

9.30am - **Keynote: Jan Jordan - 4B06**

10.30 am - *Morning tea*

11.00am - **Symposia and streams:**

Guest speaker Louise Dixon - **4B06**

Bicultural psychology - **ESS**

Mini-Wkshp A Struik- **7C09**

Mini-Wkshp D Badenoch- **5C18**

Mini-Wkshp M Wilson- **7D07**

Training Forum- **5C19**

Clinical psychology - **7C18**

Mental health & Wellbeing - **LT200**

12.00pm - NZPpS Awards - **4B06**

1.30pm - *Lunch*

2.30pm - **Keynote: Janel Gauthier - 4B06**

3.30pm - Symposia and streams:

Mini-Wkshp Ryan Cullen - **4B06**

Bicultural psychology ctnd- **ESS**

Clinical psychology ctnd. - **7C09**

Research and Theory - **5C18**

Mini-Wkshp M Wilson ctnd.- **7D07**

Training Forum ctnd.- **5C19**

Mini-Wkshp E Tahauri - **LT200**

4.30pm *Afternoon tea*

5.00pm NZPpS AGM - **ESS**

7.30pm Conference dinner, One80, Copthorne Hotel, Oriental Parade

Sunday 4 September

9.30am - **Keynote: Matthieu Villatte - 4B06**

10.30 am - *Morning tea*

11.00am - Symposia and streams:

Guest speaker: Antonia Lyons **4B06**

Infant Sleep- **ESS**

Clinical psychology - **7C09**

Criminal justice psychology - **5C18**

Health psychology - **LT200**

Research&Practice - **5C19**

12.00pm - **Keynote Speaker: Suzanne Chambers**

1.00pm - *Lunch*

2.00pm - Symposia and streams:

Mini-wkshp D Badenoch - **4B06**

Mini-wkshp PB4L - **ESS**

Mini- wkshp Leadership- **7C09**

Criminal Justice ctnd - **5C18**

Health ctnd - **LT200**

Research&Practice ctnd - **5C19**

2.40pm ACC presentation - **5C18**

3.00pm Psychologists Board - **4B06**

4.00pm Conference farewell and finish

Contents

<i>Conference Organisation & Exhibition</i>	4
<i>Massey University Map</i>	5
<i>General Information for Delegates</i>	6
<i>Social Events</i>	6
<i>Keynote Speakers</i>	8
<i>Guest Speakers</i>	14
<i>Programme Timetable</i>	22
<i>Posters</i>	28
<i>Sponsors</i>	29
<i>Exhibitors</i>	31
<i>Abstract Index</i>	32
<i>Programme Friday</i>	33
<i>Programme Saturday</i>	42
<i>Programme Sunday</i>	48
<i>Workshop Details</i>	53

Conference Organisation

This conference is the result of the efforts of dedicated and hardworking people.

Thanks go to:

Dr Ruth Gammon and Ian de Terte, Scientific Programme Conveners.

Reviewers: Linda Jones, Sarb Johal, Janet Leathem, Ruth Tarrant, Hukarere Valentine, Barbara Kennedy (Massey University); Mike O'Driscoll, Waikaremoana Waitoki (Waikato University); Kennedy McLachlan (Open Polytechnic)

Dr Pamela Hyde, NZPsS Executive Director

Heike Albrecht, NZPsS Professional Development Coordinator

Angus Macfarlane (NZPsS Kaihautu)

Student assistants:

Amanda Gilmour, Brylee Cresswell, Carrie Clifford, Charlotte Wainwright, Chelsea Richards, Kate Ross-McAlpine, Katie Maher, Laura Jaxson, Maureen Mooney, Nick Laurence, Rachel Cotter, Sebastian Collin Smyth, Tamyra Matthews, Thea Wass, Yanis Brinkmann, Sophie Hedley

Thank you also to all presenters.

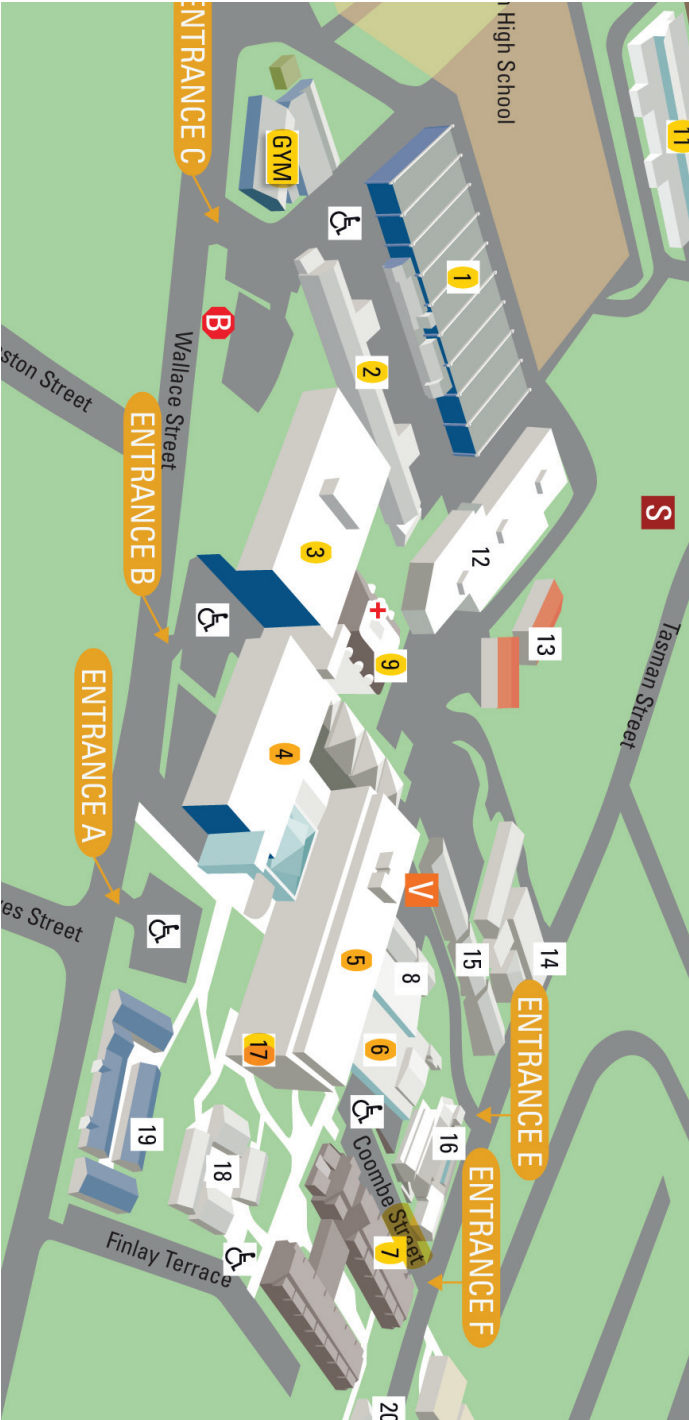
We would like to thank GEO Group Australia, the Psychologists Board and ACC for their sponsorship of this conference.

Many thanks also to the NZPsS Institute of Clinical Psychology (ICP) for sponsoring the student breakfast.

Thank you to our Exhibitors:

NZCER, Wilkinson Insurance, Medacs Healthcare, GEO Group Australia.

Map Massey University



- 9 = registration: Fern and Flax room on level 1 in the pyramid
- 4 = the plenary room for all keynote sessions, 4B06
- 5 = Block 5 where a number of our rooms are located
- 6 = LT200, also known as 6C15
- 17 = This is the executive suite (ESS)
- 7 = Block 7 - this a bit further away from the main room

General Information for Delegates

Venue

Massey University, Turitea Campus, Wellington

Registration

The registration desk opens at 8.00am Thursday 1 September and is located in the Fern & Flax rooms.

Location of programme activities

All plenary sessions will be held in 4B06.

On Friday 2nd September, the mihi whakatau and the keynote speakers presentation will also be live streamed to LT200 because of room capacity. If you can't find a seat in 4B06 please go to room LT200 to watch the opening and keynote speakers.

Symposia papers will be held in the following rooms:

4B06, LT200 (Lecture Theatre), ESS (Executive Suite), 5C11, 5C18, 5C19, 7D06, 7D07, 7C09, 7C21.

The first number indicates the Block, e.g., 5C18 is Block 5, the letter indicates the level; e.g., C and the following number the room number e.g., 18.

Posters will be displayed in the Fern & Flax rooms for the entire conference. Workshops will be held on Thursday 1 September from 9.00am - 5.00pm

Abstracts

Full abstracts and co-authors of all presentations are published on our website only. This handbook lists titles and presenters only.

Payment and refunds

Cash, cheques, and credit cards (Visa or MasterCard only) will be accepted at the conference venue. Any refunds will be processed after the conference at the NZPsS office.

Your conference fee includes

- Attendance at conference keynote and paper presentations
- Morning/afternoon tea and lunch
- Conference satchel and contents
- Complimentary drinks and nibbles at the welcome function

Name badges

All delegates and speakers will be provided with name badges that have to be worn at all times within the venue.

Your name badge will indicate that you have registered for the conference. Name badges are stick on that can be taken off and re-fastened - please remember to bring them with you on each day.

AGMs - Saturday 3 September

The NZPsS AGM will be held in 4B06 at 5.00pm.

Institute of Educational and Developmental Psychology AGM will be held in 5C19 at 8.30am

Institute of Community Psychology Aotearoa AGM will be offsite.

Institute of Clinical Psychology AGM will be held in ESS at 8.30am

Institute of Criminal Justice and Forensic Psychology AGM will be held offsite.

Institute of Counselling Psychology AGM will be held in 5C18 at 8.30am

Institute of Health Psychology AGM will be held offsite.

Institute of Organisational Psychology AGM will be held on Friday 2 September at 5.00pm in 7D07.

NZPsS Awards - - to be held Saturday 2 September at 12.00pm in 4B06.

Changes to the programme

Any changes to the programme will be announced to delegates by email where appropriate and displayed on notice boards located in the registration and

exhibition area.

Catering

Morning and afternoon tea and lunch will be served in the Fern & Flax rooms. Food is labelled as vegetarian, gluten/ dairy free etc.

Student assistants

Our student assistants can be easily identified by their white t-shirts with the print: "ASK ME". During the sessions they will help presenters to set up their powerpoints. Don't hesitate to approach them if you are looking for a room or need help with anything else.

Mobile phones

As a courtesy to other delegates, please ensure your mobile phone is turned off or in silent mode during all sessions and social functions.

Internet Access

There is Wifi available during conference hours.

Health & Safety

A pamphlet has been emailed to all delegates. If you would like a copy please come to the registration desk.

We look forward to seeing you at the following social events

Student Breakfast- Friday 2 September from 7.30am

To be held in the Tussock Cafe. Free for registered students.

Whakawhanaungatanga - Conference Welcome Function - Friday 2 September from 5.30pm

To be held in the Fern & Flax Rooms. Free for conference delegates, guest tickets \$40.00 available from the registration desk.

Keynote speakers, presenters and delegates are invited to meet up with friends and colleagues and enjoy complimentary drinks and nibbles at the Conference Welcome Function.

Conference Dinner - Saturday 3 September, 7.30pm

Copthorne Hotel (The One80 Restaurant), Oriental Parade

The conference dinner provides an opportunity to enjoy good company over a relaxed evening meal. Dance to follow.

Tickets \$75.00 available from the registration desk.

Keynote Speakers

Jennifer J. Muehlenkamp, PhD



Dr Muehlenkamp is a licensed clinical psychologist and associate professor of psychology at the University of Wisconsin-Eau Claire, USA. She is a leading expert in the fields of non-suicidal self-injury and suicide, and has specialized in treating youth/young adults with self-injurious behaviors in her clinical practice. Dr. Muehlenkamp has published over 85 peer reviewed articles and book chapters on the topic of assessment, treatment, and risk/protective factors for self-injury and suicide. She is a co-author of two books (*Non-Suicidal Self-Injury in Eating Disorders* and *Nonsuicidal Self-Injury: Advances in Psychotherapy*) and a regular consultant to mental and behavioral health professionals in her region. Dr. Muehlenkamp's

work has been honored with awards from the American Association of Suicidology, Self-Injury Awareness Network, and has been featured in U.S. media outlets such as the Wall Street Journal and the American Psychological Association's newsletter, The APA Monitor. In addition to her empirical work, Dr. Muehlenkamp is the director of her University's Suicide Prevention and Research Collaborative, she is a board member of her State and County Suicide Prevention Coalitions, and she is currently the President of the International Society for the Study of Self-Injury. Trained across multiple evidence-based therapeutic interventions, suicide prevention and gatekeeper training programs, Dr. Muehlenkamp provides workshops, clinical consultation, and research colloquium around the world with high acclaim.

Keynote address: NSSI: Beyond Emotion Regulation

Friday 2 September at 11.00am

Non-suicidal self-injury (NSSI) continues to be a prevalent behavior among youth, garnering increased scientific and clinical attention. It has become well established that NSSI serves an emotion regulating function for the majority of people who engage in the behavior; yet, knowing this has not led to significant advances in the prevention or treatment of NSSI. Many self-destructive behaviors have an emotion regulating purpose, so the question as to why NSSI versus any other behavior has greater relevance to the field. Building upon studies documenting that NSSI co-occurs at very high rates with eating disorder behavior, shows similar psychological functions to disordered eating, and shares comparable risk factors, the current presentation will describe a new theoretical perspective explaining NSSI as a consequence of poor body regard. Empirical evidence supporting the body regard theory of NSSI will be reviewed along with a discussion of how integrating the concept of body regard into etiological models of NSSI provides additional and innovative directions for prevention and treatment.

Dr Sonja Herahine Macfarlane



Dr Macfarlane affiliates to the south island iwi (tribe) of Ngāi Tahu; her hapū (sub-tribe), Ngāti Waewae, is from Arahura on the west coast. She is an experienced educationalist whose work has a focus on enhancing the social, cultural and educational outcomes that are achieved by Māori. In 2011, she moved from her position as National Practice Leader: Services to Māori, within the Ministry of Education: Special Education, and assumed a Māori academic leadership position in the School of Health Sciences at the University of Canterbury (UC), Christchurch, focusing on Māori health and wellbeing, counselling, psychology, special education and human development. Her research interests include culturally responsive pedagogy,

kaupapa Māori theory and evidence based practice. In 2013, Dr Macfarlane was the recipient of a UC Research Award, and in 2015 was a member of a team that was awarded a UC Team Research Award. An Associate Professor in the School of Human Development and Movement Studies at the University of Waikato, Aotearoa New Zealand, Dr Macfarlane has developed a prolific publications portfolio.

Keynote address: The evolving nature of human development theory: Who and how does it fit?

Friday 2 September at 2.00pm

Culturally responsive educational psychology must surely be the pinnacle of best practice for psychologists in Aotearoa New Zealand who are working with Māori. A range of key questions are regularly reflected on as we search for the most appropriate and responsive strategies and approaches: What key concepts and values need to underpin and guide thinking and action? What approaches and strategies are more meaningful and relevant? What variables contribute to how Māori may think, feel and behave?

In this presentation, some of the theoretical perspectives that have traditionally informed Western perspectives about human development in young people are explored and challenged. Human development ‘universalities’ and ‘norms’ are discussed. Nature and nurture are also considered in the light of gender, ethnicity, socioeconomic status, and social media – human development variables that are part of a 21st century reality for our young people. How applicable then, is traditional human development theory in our current era? How ‘universal’ are some of the ‘ideals’ that inform psychological practice? How do the rights, roles and responsibilities that society ascribes to our young people in the ‘here and now’ actually align to their lived reality? A blended approach to unpacking some of these ideas is ultimately presented.

Dr Jan Jordan

Dr Jordan is an Associate Professor at the Institute of Criminology, Victoria University of Wellington, New Zealand. She has over 20 years experience teaching and researching in the area of women, crime and victimisation. Her major research interest is in sexual violence and she is a regular presenter on police adult sexual assault investigation training courses. She has published extensively in this area, including the book *Serial Survivors* in which the survival narratives of women attacked by Auckland serial rapist Malcolm Rewa are presented. Currently she is undertaking work on a research grant awarded by the Marsden Fund

of the Royal Society of New Zealand to explore why it remains difficult to achieve substantive change in how women as victims of rape are responded to and treated.

*Keynote Address: 'Rape Culture': Myth or Reality?**Saturday 3 September 9.30am*

When the so-called Roast Busters case made the headlines over two years ago, it provoked widespread debate regarding whether New Zealand could be described as having a 'rape culture'. In this talk I ask: Can this term be dismissed as an outdated slogan from the 1970s women's movement, or might it still have relevancy in the 21st century? I will explore this concept using the twin lens of silencing and objectification, examining some of the ways by which the voices of rape victim/survivors continue to be muted, as well as considering the ongoing sexual objectification of women's bodies. Through this presentation I hope to provoke discussion and debate regarding how all of us can play our part in transforming the social environment within which rape both occurs and is responded to.

Dr Janel Gauthier



Janel Gauthier is Professor Emeritus of Psychology at Laval University in Canada and President of the International Association of Applied Psychology. He also is a past president of the Canadian Psychological Association and a current member of its Ethics Committee. He has published over 100 scientific papers and book chapters on the applications of behavioural, cognitive, and social psychology to mental health problems. Since 2002, ethics has become the main focus of his research, presentations and writings. One of his most important achievements is arguably the development of the Universal Declaration of Ethical Principles for Psychologists, which was unanimously adopted by the International Union of Psychological Science and the International Association of Applied Psychology in 2008 following a six-year process of intense research and broad international consultation. Professor Gauthier was the chair of the international working group which drafted the Universal Declaration. He has received numerous national and international awards for his distinguished contributions to the international advancement of psychology and ethics. In 2015, he was the recipient of the APA International Psychology Division's Outstanding International Psychologist Award.

Keynote address: The Role of Ethics in Addressing the Issues Facing the World Today: Connecting Psychology, Politics and Virtue

Saturday 3 September 2.30pm

In 2008, the International Union of Psychological Science and the International Association of Applied Psychology adopted the Universal Declaration of Ethical Principles for Psychologists as “a common moral framework that guides and inspires psychologists worldwide toward the highest ethical ideals in their professional and scientific work.” (UDEPP, 2008). This important historical event occurred sixty years after the United Nations proclaimed the Universal Declaration of Human Rights “as a common standard of achievement for all peoples and all nations” (United Nations, 1948). The purpose of this presentation will be to highlight the relevance of the Universal Declaration of Ethical Principles in today's world. Behind each of the present day global problems, there are ethical issues. Present day discourse on the role of ethics and moral values in politics and international relations is to narrow and rests mostly on Western traditions. This must be enlarged. Based on research and broad international consultation, the Universal Declaration of Ethical Principles can provide the moral framework needed for addressing today's global problems. Hopes for a better world for all require not only a better psychological understanding of human nature, but also a renewed emphasis on the promotion of respect for persons and peoples as a foundation for peace and harmony.

Matthieu Villatte, PhD

Dr Villatte is a Research Scientist and Clinical Trainer at the Evidence-Based Practice Institute in Seattle. As a peer-reviewed trainer for the Association for Contextual Behavioral Science, he has conducted numerous workshops on the clinical applications of relational frame theory (RFT) and contextual behavioral science in North and South America, Europe, and Australia. He is also an associate editor of the Journal of Contextual Behavioral Science. Dr. Villatte's work currently focuses on the dissemination

of evidence-based practices, experiential therapies, and contextual behavioral therapies. He has published articles, books, and chapters on RFT, contextual behavioral science, and cognitive-behavioral therapy in English and in French. His new book, *Mastering the Clinical Conversation: Language as Intervention* is co-authored by Jennifer Villatte and Steven Hayes and addresses the use of language in psychotherapy.

Keynote address: How to integrate Cognitive Change Strategies to Acceptance and Mindfulness-based Therapies?

Sunday 4 September 9.30am

One of the cornerstones of acceptance and mindfulness-based therapies is to refrain from attempting to change clients' thoughts, and instead aim for changing their relationship to their thoughts. Yet, relationships with thoughts are not fundamentally different from thoughts: both are instances of language and cognition. Rather than giving up on cognitive change techniques altogether, clinicians can enhance acceptance, mindfulness, and meaningful action by treating thinking as a clinically relevant behavior that is shapeable through contextual interventions. In this talk, I will present key principles based on contextual behavioral science that clinicians from any theoretical or treatment background can use to promote beneficial cognition, while avoiding the pitfalls of traditional cognitive change strategies (e.g. paradoxical effects of thought suppression, fruitless debates about reality, pathologizing certain thoughts and their thinkers).

Professor Suzanne Chambers



Professor Chambers is a health psychologist and has worked as a practitioner and researcher in psychological support for people with cancer for over 25 years. She is an Australian Research Council Future Fellow and the Menzies Foundation Professor of Allied Health Research in the Menzies Health Institute Queensland at Griffith University. She has published extensively on the psychological effects of cancer in internationally leading journals and is currently leading large scale randomised control trials of psychological interventions that address sexuality, lifestyle and unmet supportive care needs, and psychological distress in

men with prostate cancer as well as other high need cancer patient groups. Prof Chambers has over 180 peer reviewed publications, chapters and reports; and has been a chief investigator on successful research grants valued at over \$26.5 million including National Health and Medical Research Council, Australian Research Council, Prostate Cancer Foundation of Australia, Cancer Australia, Beyond Blue and Cancer Council Queensland.

Keynote address: Striving for Relevance: Psycho-oncology, Curve Balls and Saving the Pitch

Sunday 4 September 12.00pm

Psycho-oncology, or the psychology of cancer emerged as a defined entity in the early to mid-1980s and has become a profile area of specialisation for psychologists. Common elements include: the application of behavioural, psychological and social research to improve outcomes for cancer patients through cancer prevention and early detection; improving adherence to treatment and improving symptom control; improving psychological and quality of life outcomes for cancer patients and their families across the illness continuum. However, challenges facing both practitioners and researchers include dramatic increases in the chronic disease burden parallel with fiscal constraints; competition for resources with biomedicine and ‘sexy’ science ; fallout from the replication crisis and demands for an end to ‘therapy competitions’; and calls for evidence of measurable social benefit.

To survive in this context psycho-oncology practice and research will need to adopt innovative and disruptive strategies while still expressing and enacting the values and epistemology of psychological practice. The integration of community agents alongside a willingness to consider alternative views and approaches will be imperative. This presentation will raise the questions about sustainable and targeted practice into the future and the challenges ahead.

Guest Speakers

Professor Julia Rucklidge

Julia Rucklidge is Professor of Clinical Psychology in the Department of Psychology at the University of Canterbury. Originally from Toronto, Canada, she did her undergraduate training in neurobiology at McGill University in Montreal. She then completed a Master's and PhD at the University of Calgary in clinical psychology followed by a two year post-doctoral fellowship at the Hospital for Sick Children in Toronto.

***Guest address Nutritional Therapies for Psychological Symptoms:
What is the evidence to date?- Friday 2 September 12.00pm***

Despite the advent of medications and other therapies over the last 50 years, the rates of mental illness have been on the rise rather than a decline. Over the last decade, scientists have been uncovering an uncomfortable truth: What we eat is affecting our mental health. In this talk, Prof Rucklidge will discuss the data that describe an alarming picture of food choices serving as risk factors to all kinds of psychological problems; she will then introduce the recent paradigm shift of using broad based micronutrients to treat these challenges, reviewing the hypothesized mechanisms of action and the evidence to date. The talk will challenge our current treatment regime for mental disorders and suggest one alternative course of action. She will discuss practical ways that psychologists could implement this research into every day practice.

Associate Professor Marc Wilson

Broadly, Marc is interested in the application of social psychological theory to important social issues. Much of this research revolves around the relationship between the concepts of Social Dominance Orientation, authoritarianism, and social values, and such issues as the Treaty settlement process, New Zealand national identity, and political preference. He is also interested in social psychological factors influencing peoples' food preferences (eg. to eat or not eat meat), the psychology of religion, and people's beliefs about paranormal phenomena. Marc's main research programme in the last five years has focused on understanding why some people (particularly young people) deliberately hurt themselves, without suicidal intent.

***Guest address: On Advice for Psychologists Working with Media
Friday 2 September 3.00pm***

In this interactive session I shall talk about why we, as experts in things psychological, should work with media. I'll suggest that we have some ethical obligations for considering at least some media-related opportunities, as well as the potential benefits of sharing what we know and do. I'll talk about how to do this in ways that are consistent with our professional, institutional, and ethical obligations. This will include a discussion of what can go wrong, and how to avoid that happening, to the extent that we have control.

Associate Professor Chris Burt

Christopher D. B. Burt is an Associate Professor of Industrial and Organizational Psychology, and Director of the Masters in Applied Psychology program, at the University of Canterbury. He has published two books, one on managing the public's trust in nonprofit organizations, and the other on new employee safety, and over 75 peer-reviewed articles, book chapters, and proceedings. He leads a research program on workplace safety with a specific interest in issues associated with new employees, including the relationship between trust development and safety, risky helping behaviors, and employee safety voicing behavior.

*Guest address: Managing new employee safety risks: Integrating safety and human resource management practices-
Friday 2 September 10.30am (IO Stream)*

Numerous studies have found that employees have proportionally more accidents in their first year of employment, compared to later in their employment. Thus, whenever an individual starts a new job, their risk of having an accident increases. This paper discusses research which has attempted to explain the safety risks associated with being a new employee, including research on how new employees can underestimate actual job safety risks, and can hold unrealistic safety expectations for management and co-workers, can engage in over-enthusiastic, and potentially risky, helping behaviors, and can be trusted to work safely by co-workers, who, based on this trust, do not engage in behaviors which might protect the new employee from accidents. Research which has identified factors associated with new employee safety is integrated into a model of new employee safety management. The model tracks new employee safety risks through the human resource management processes of being recruited as a job applicant, assessed for a job, and then inducted into the job and organization. The model also describes the steps an organization can take during recruitment, selection, induction, and the initial employment period to minimize the accident potential of new employees.

Associate Professor Michelle Tuckey

Dr Tuckey leads a programme of research into wellbeing at work, focussed on workplace bullying and occupational stress, the results of which have been published in leading scientific journals and industry publication outlets. She has given keynote and plenary presentations at national and international academic and industry conferences, along with a range of expert addresses. By invitation she serves on the editorial boards of *Journal of Occupational Health Psychology* and *International Journal of Stress Management*, and on the Management Committee of Crisis Intervention and Management Australasia. Michelle's research has been translated into policies and practices that protect the psychological safety of workers, nationally and internationally. For example, the findings have been applied within Corrective Services NSW, SA Fire and Emergency Services Commission, SA Country Fire

Service, SA State Emergency Service, and NSW Police Force.

Guest address: Psychosocial safety at work: Spotlight on safety climate and risk assessment- Friday 2 September 2.00pm (IO Stream)

In this presentation, Associate Professor Tuckey will discuss the nature and origins of psychosocial hazards at work. She will overview the concept of psychosocial safety climate as a leading indicator of psychosocial risks, illustrated by data from the Australian Workplace Barometer national survey of working conditions and with specific examples from her research program on workplace bullying. She will then overview strategies to manage psychosocial hazards, with a spotlight on building a strong climate for psychosocial safety supplemented by systematic risk assessment and control measures.

Jennifer Garvey Burger

Guest address: Adult Development - Transforming Towards Wisdom- Friday 2 September 12.00pm (IO Stream)

We all have a sense of the difference between those who get wiser with experience and those who simply get older, but what really makes that difference possible? We talk about transformation, but what is the form that is trans-formed? As coaches or organisational consultants, we may want to help our clients—and even ourselves—transform towards wisdom. Understanding theories of adult development can make a key difference in supporting a client or group to become more sophisticated in their thinking or their actions.

These theories offer new maps to our understanding of the mysterious terrain of human sense-making, shedding light on the internal logic of our clients—and ourselves. These maps can help us listen differently to what our clients say, ask different questions about the way they understand the world, and have a more compassionate outlook about what each of us can do today and the potential for new capacities in the future. In this session, Jennifer will offer an overview of the map and a look at how we can help our clients traverse the difficult terrain of their development with more ease.

Unfortunately, Louise Dixon had to cancel her guest address due to a bereavement.

Professor Devon Polaschek

Devon Polaschek is a forensic clinical psychologist and professor of criminal justice psychology at Victoria University of Wellington. Her research interests include theory, intervention, and intervention evaluation with serious violent and sexual offenders, and cognitive experimental approaches to the assessment of offenders. Her research is clearly grounded in practice, with a focus on the effective treatment of high-risk psychopathic violent prisoners. She has worked closely with the Department of Corrections in a number of roles.

Guest address: Succeeding in the short-term: Some factors that contribute to desistance in high-risk prisoners on parole- Saturday 3 September 11.00am

How does prison treatment work? What makes the difference for high risk prisoners who survive the first year of parole without reconviction? The relative merits of custodial treatment vs re-entry support are examined in this talk, using data from longitudinal research with high risk violent prisoners in New Zealand. The New Zealand Parole Project has enabled us to consider these questions about whether treatment and re-entry preparation are individually effective, or may interact in predicting reconviction, stimulating new thinking about how treatment may work, and methods for evaluating interventions.

Professor Antonia Lyons

Antonia Lyons is Professor of Psychology at Massey University, Wellington, New Zealand. She has published widely on the social and cultural contexts of behaviours related to health and their implications for individual subjectivities, gendered identities and embodied experiences. She is a co-editor (with Dr Poul Rohleder) of *Qualitative Research in Clinical and Health Psychology* (Palgrave; 2015).

Guest address: The importance of innovative qualitative research in Psychology: Young people, social networking and alcohol Sunday 4 September 11.00am

Innovative qualitative research designs can provide insight into behaviours related to health and well-being. In this presentation I outline the value of using innovative methodologies to provide much fuller understandings of young people's social worlds. This will be illustrated with a research project that drew on multiple qualitative methods to explore the role of social networking sites in young adults' drinking cultures and alcohol consumption practices in Aotearoa. There were three stages to the research: 1) 34 friendship group discussions with 141 males and females aged 18-25 years from diverse ethnic, class, and occupational backgrounds; 2) individual interviews with 23 participants showing and discussing their Facebook pages, using screen-capture software and video recordings; 3) generation of a database of Web-based material regarding drinking and alcohol gathered over an 18-month period. These data collection approaches provided multimodal datasets that were analysed separately and together. Analyses provided valuable nuanced insights; one brief example around the pleasures involved in drinking and social networking is presented. The knowledge gained from this project highlights the importance of examining young people's worlds from their own perspectives and not making assumptions as researchers. This knowledge would not have been generated using more traditional methods or one approach to data collection. I argue that Psychology researchers require greater methodological flexibility to produce valuable and effective knowledge about people's wellbeing, and thus we need to train our students to become proficient in designing and conducting creative and innovative qualitative research.

Opening Speaker, Friday 9.30am

Charles Waldegrave: Bringing our lights out from under the bushel: Practice and research insights that inspire policy change

Charles Waldegrave is a psychologist and social policy researcher and leads the Family Centre Social Policy Research Unit (FCSPRU). Charles is a joint leader of three national research programmes, the New Zealand Poverty Measurement Project (NZPMP), the New Zealand Longitudinal Study of Ageing (NZLSA) and Successful Families and Whānau. He and colleagues are regularly contracted by most social Ministries of Government to carry out social research projects and have provided the evidence base for housing, income and other social policy changes in NZ. He collaborates extensively with international research partners and publishes regularly in peer reviewed journals and accessible reports.

WORKSHOPS, Thursday 1st September

Jennifer Muehlenkamp: “Cut that Out”: Best Practices for Responding to Self-Injury

Sonja Macfarlane: The problem with conflict...

Janel Gauthier: Ethics and Moral Engagement: How to Maintain and Strengthen Virtue in an Ethnically Diverse World

Suzanne Chambers: Developing and Evaluating Health Interventions in Chronic Disease: Psychosocial care for people affected by cancer

Matthieu Villatte: Advanced ACT: Getting Experiential Without Exercises

See page 53



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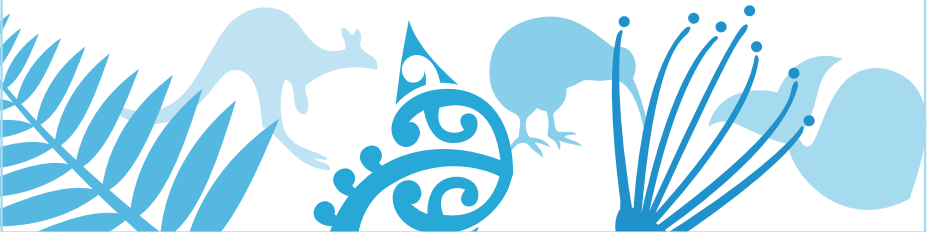
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NZPsS Annual Conference - Friday

8.00am	Registration Desk Opens in Flax & Fern Room		
9.00am	Welcome & Mihi Whakatau- 4B06 and live streamed to LT200 Opening Address: Charles Waldegrave- 4B06 and live streamed to LT200		
10.30am	Morning Tea (Fern and Flax Room)		
11.00am	Keynote Speaker: Jennifer Muehlenkamp- 4B06 and live streamed to LT200		
	Room 4B06	Room ESS	Room LT200
	Refugees As Survivors New Zealand RASNZ Symposium, Chair: Ann Hood	Guest speaker Chair: Jackie Feather	Clinical Chair: Fernanda Mottin
12.00pm	12:00 – 12:15 Dr. Ann Hood “The World Refugee Situation”.	Julia Rucklidge - Guest Speaker Nutritional Therapies for Psychological Symptoms: What is the evidence to date?	What if I can't use CBT: Using an eclectic approach to clinical psychology <i>Fernanda Mottin</i>
12.20pm	12:15- 12:30 Some volunteers (quota refugees and asylum seekers), representing different cultures will present their “Journeys”.		Becoming your own best therapist: cognitive behaviour therapy in groups <i>Henck van Bilsen</i>
12.40pm	12:30 – 12:45 An issue for psychologists. Gender and Family - <i>Sarah Williams</i> 12:45 – 1:00. questions and comments		<i>Non-suicidal self-injury: From suicide risk to social activity - Cate Curtis</i>
1.00pm	LUNCH and BOOK LAUNCH (Fern and Flax Room)		
2.00pm	Keynote Speaker: Sonja Macfarlane- 4B06 and live streamed to LT200		
	Room 4B06	Room ESS	Room LT200
	RASNZ Symposium ctnd.	Guest speaker Chair: John Fitzgerald	Clinical Chair: Sarbjit Johal
3.00pm	3:00- 3:15pm Managing differing beliefs and protocols. “A foot in two worlds”	Marc Wilson- Guest speaker On Advice for Psychologists Working with Media	Working through disaster: Mental Health Care Professionals' capacity to deliver services during disaster recovery <i>- Sarbjit Johal</i>
3.20pm	3:15 – 3:30pm The skills needed by Psychologists when working with Interpreters. <i>Gillian Taylor and Ted Wotherspoon</i> with volunteers.		Social Support among Disaster First Responders: A Review of Literature- <i>Johnrev Guilaran</i>
3.40pm	3:30 – 3:45 A persistent and difficult problem. Working with Complex issues with asylum seekers and refugees. - <i>Gina Sembrano</i> 3:45 -4:00pm Questions and comments		Fetal Alcohol Spectrum Disorder Interventions- What might work and where to next?- <i>Barry Parsonson</i>
4.00pm	Afternoon Tea (Fern and Flax Room)		
	RASNZ Symposium ctnd.	Mini workshop Chair: Henck van Bilsen	Mini workshop Chair: Rose Black
4.30pm	4:30 - 4:45pm.Complex Traumatic Experiences that exist in this population. - <i>John Thorburn</i>	mini-workshop Henck van Bilsen Motivational Interviewing:Radical acceptance of what is (and not demanding what should be)	mini- workshop Te Ao Pākehā, Culture and Privilege in Psychology <i>Rose Black& Raymond Nairn</i>
4.50pm	4:45 – 5:30pm Conclusion. Dr. Ann Hood reviews the days programme. Followed by some volunteers giving their impressions of the day. If time is available a question and comment session will follow		
5.10pm			
5.30pm	Whakawhanaungatanga (complimentary drinks and nibbles) (Fern and Flax Room)		

2nd September

	Room 5C18	Room 5C11	Room 5C19
	Professional Practice & Applied Research Cluster Chair: Barbara Kennedy	Working without Borders: The Massey Health and Cancer Services Chair: Maria Berrett	Developmental/Educational Chair: Fiona Ayers
an ology -	The Worry Bug Project for Christchurch Children: The child at the centre of recovery. - <i>Julie Burgess-Manning & Sarina Dickson</i>	Introduction to Services and Community Model <i>Maria Berrett</i>	Taking Another Look at the Reliability and Validity of the SDQ in Preschool Children- <i>Ryan San Diego</i>
ist: oups-	The Worry Bug Project Preliminary Research Outcomes for Christchurch Children Years 1-4 - <i>Benita Stiles-Smith</i>	Working with Clients with Health Conditions <i>Lucia King and Jacinda Shailer</i>	Suggested Process for Assessing Students for Special Assessment Conditions- <i>Fiona Ayers</i>
ide tis	Evaluating professional training programmes: developing an instrument- <i>Barbara Kennedy</i>	Cancer Psychological and Social Support Initiative <i>Lizzy Kent</i>	Assessing students for Special Assessment Conditions in low decile schools- <i>Fiona Ayers</i>

	Room 5C18	Room 5C11	Room 5C19
	Mental health Chair: Lara Greaves	Working without Borders: The Massey Health and Cancer Services cntd.	Developmental/Educational Chair: Fiona Ayers
tal ty to covery	"I live two lives": Managing the tension between homosexuality and Islam- <i>Ella Kahu</i>	Renal Donor Assessments- <i>Victoria Marke and Sarah Malthus</i>	Ka whakautu te karanga: Responding to the call for more culturally relevant, reasoned, and respectful educational psychology- <i>Jhan Gavala</i>
irst re-	The Asexual Identity in National Sample: Demographics, Wellbeing, and Health - <i>Lara Greaves</i>	Weaving Cultural Knowledge and Responsiveness through Service Delivery- <i>Hukarere Valentine and John Pahina</i>	Filial Piety, Academic Self-concept and Academic Achievement: Examining their relationship in a secondary school- <i>Cindy Wu</i>
er and on	The Outcome Measurement Model: An assessment tool to measure health and well-being indicators in young people- <i>Raechel Osborne</i>	A Community Model Research Coordination - <i>Don Baken</i>	The Casework Process - 'behind-the-scenes' planning and decision making- <i>Jan Johnson</i>

	Mini workshop Chair: Waikaremoana Waitoki	Working without Borders: The Massey Health and Cancer Services cntd.	Developmental/Educational Chair: Fiona Ayers
ge in	mini-workshop He Paiaka Tipu, He Paiaka Totara <i>Waikaremoana Waitoki, Luke Rowe, Bridgette Masters-Awatere, Julie Wharewera-Mika, Pare Harris and Tahlia Kingi</i>	Pre-Diabetes Research- <i>Sarah Malthus</i>	Middle Childhood Academic Outcomes of Children Born to Mothers Maintained on Methadone during Pregnancy- <i>Samantha Lee</i>
		Support Groups Coordinator including Research/Evaluation- <i>Sara Joice</i>	Maternal Alcohol Drinking and Smoking as Predictors of At-Risk Preschool Children's Everyday Executive Function- <i>Ryan San Diego</i>
			Exploring mindfulness in the classroom: universal or targeted approach?- <i>Shane Costello</i>

IO Streams also on Fri		
9.00 - 10.30am	Conference opening and opening speaker	
	Health, Safety and Wellbeing- Room 7D07 Chair: Michael O'Driscoll	Coaching Psy Chair
10.30– 11.30am	Guest Speaker - Chris Burt Managing new employee safety risks: Integrating safety and human resources	
11.30 – 12pm	Morning Tea (Fern and Flax Room)	
12.00 – 12.20	Can resilience be enhanced through focusing on wellbeing in the workplace? - Sanna Malinen	Guest Speaker - Adult Developme
12.20 – 12.40	Engaging workers with maintaining their own wellbeing - Frank O'Connor	
12.40 – 1.00pm	Subjective Well-Being in New Zealand Teachers: An Examination of the Role of Psychological Capital - Andrea Soykan	
1pm – 2pm	Book launch & Lunch (Fern and Flax Room)	
2pm – 3pm	Guest Speaker - Michelle Tuckey Psychosocial safety at work: Spotlight on safety climate and risk assessment	
3.00 – 3.20pm		Purpose, process and frames in Coaching F
	Chair: Sanna Malinen	
3.20 – 3.40pm	Examining mental fitness for work: Unfit or safe for duty? - Frank O'Connor	Coaching evaluation
3.40 – 4.00pm	A Game Changer in Employee Selection: Innovations in Gamified Assessment - Cameron Beazley	Using acceptance a executive coaching:
4.00 – 4.30pm	Afternoon Tea (Fern and Flax Room)	
4.30 – 4.50pm	Workplace Bullying - Dianne Gardner	Chair Being the Best Co External workpla
4.50 – 5.10pm	Organisational psychology in Aotearoa New Zealand: Reflections on the past, p	
5.10-5.30pm	Institute of Organisational Psychology AGM (Room 7D07)	
5.30pm	Whakawhanaungatanga (complimentary drinks and nibbles) Fern & Flax Room	

Friday 2nd September

Psychology- Room 7C21

Chair: Trish Tapara

General papers- Room 7D06

Chair: Thomas Huggins

Resource management practices

Speaker - Jennifer Garvey Burger
 Presentation - Transforming Towards
 Wisdom

Inputs and Outputs of Newcomer Learning during
 Socialization: A Meta-Analysis - Lisa Harris

Young Graduate's Great Expectations: Identifying
 Newcomers Perceptions About Their Future Jobs - Julie
 Viviana Cedeno Bustos

From Land to Brand – The Ngāti Porou Miere Collective and
 Indigenous Sustainable Development - Lisa Stewart

Mini Workshop (Room 7D06)

The Meihana Model: Engaging Effectively with Māori Clients

Lisa Stewart

and ethics: The question of time-
 ing Psychology - Barbara Kennedy

ion: a case study - John Eatwell

ce and commitment therapy in
 ng: a case study - Iain McCormick

Mini Workshop

Looking after the troops developing leader's supportive
 behaviours to improve the wellbeing of staff

Shona Munro

Chair: John Eatwell

Coach for the Job - internal or
 replace coaches - Trish Tapara

Extending Ecological Rationality: Impacts of Sharing Media in
 Complex Scenarios - Thomas Huggins

t, present and future - Michael O'Driscoll (room 7D07)

om

8.30am	Registration Desk Opens			
8.30am	Institute AGMs	ICP AGM in ESS		ICounsPsy AGM
9.30am	Keynote Speaker: Jan Jordan - 4B06			
10.30am	<i>Morning tea</i>			
	Room 4B06	Room ESS	Room 7C09	Room 5C09
	Guest address Chair: Armon Tamatea	Bicultural Chair: Waikaremoana Waitoki	Mini-wkshop Chair: Ariane Struik	Mini-wkshop Chair: Dryden Baden
11.00am	Devon Polaschek - Guest speaker <i>Succeeding in the short-term: Some factors that contribute to desistance in high-risk prisoners on parole</i>	Karahipi Tumuaki - President's Scholarship recipient 2015 Metaphors and proverbs: Guides to wellbeing strategies for Maori Women in leadership roles- <i>Stacey Ruru</i>	Mini-wkshop <i>Ariane Struik</i> Treating Chronically Traumatized Children. Don't let sleeping dogs lie!	mini-workshop <i>Dryden Baden</i> Why don't you join Facebook? Promote psychologists and practice online.
11.20am		Understanding culturally situated and integrative meanings in reproductive decision making among Maori - <i>Jade le Grice</i>		
11.40am		Āwhinatia tāu whānau, kua wehea ai, kua ngaro ai. A process of connection within a world of disconnection- <i>Tania Gilchrist</i>		
12.00pm	NZPSS Awards- 4B06			
1.30pm	LUNCH and BOOK LAUNCH			
2.30pm	Keynote Speaker: Janel Gauthier- 4B06			
	Room 4B06	Room ESS	Room 7C09	Room 5C09
	Mini-wkshop Chair: Ryan Cullen	Bicultural contd.	Clinical Chair: Gen Numaguchi	Research and Training Chair: Neville Blainey
3.30pm	mini-workshop <i>Ryan Cullen</i> Let's talk about sex: The law and ethics on capacity to consent and the implications for supporting socio-sexual competence	<i>WAVES (Wave Access Variables and Environmental Scarcity) and 'surf rage': A theory and model on mitigating 'surf rage'- Jhan Gavala</i>	It's someone's life story, not a list of facts! - Using Motivational Interviewing to write comprehensive assessments - <i>Gen Numaguchi</i>	Reliable Change and the Change Index in the evidence-based practice - <i>Blampied</i>
3.50pm		He toa takitini- <i>Simon Waigh</i>	Integrating Spirituality into Counselling among Professional Malaysian Counsellors- <i>Peter Sin On Wong</i>	EEG evidence for mirror neuron activation and inference of emotion expressions - <i>Matthew</i>
4.10pm		Socio-cultural shifts in teacher practice- <i>Porsha London and Angus Macfarlane</i>	The hidden virtue: Towards a new understanding of humility in counselling and psychotherapy - <i>Heather Dale</i>	A Bilingual-Monolingual Comparison of Excitatory and Inhibitory Priming by Ignored Words - <i>Nkrumah</i>
4.30pm	<i>Afternoon Tea</i>			
5.00pm	NZPSS AGM Room: 4B06			
7.30pm	Conference Dinner, One80 Restaurant, Cophthorne Hotel, Oriental Parade			

3rd September

AGM 5C18				
IEDP AGM 5C19				
5C18	Room 7D07	Room 5C19	Room 7C18	Room LT200
<p>Workshop in Badenoch</p>	<p>Mini-wkshop Chair: Marc Wilson</p>	<p>Training forum Chair: Kerry Gibson & Fiona Howard</p>	<p>Clinical Chair: JaneMary Castelfranc-Allen</p>	<p>Mental health & Wellbeing Chair: Matt Williams</p>
<p>Workshop Badenoch You just use Promoting and psychology ne.</p>	<p>mini-workshop Marc Wilson Self-Injury in schools and school-age young people</p>	<p>Current issues in professional psychologist training in NZ</p>	<p>The delicate issue of psychology and human rights: case of Indonesia - Elizabeth Poerwandari</p> <p>Travelling with trauma: Moral, legal and psychological questions in the international context - JaneMary Castelfranc-Allen</p> <p>Self-purification rituals: A comparative study of Javanese (Indonesia) and Māori (New Zealand) cultural practices- Jhan Gavala</p>	<p>1. Clinical profiles among Greek adolescent suicide attempters- Tatiana Tairi</p> <p>2. The effects of Project K on the wellbeing of adolescents - Matt Williams</p> <p>3. Placing mindfulness under the lens: A network analysis- Joseph Smith</p>
5C18	Room 7D07	Room 5C19		Room LT200
<p>and Theory Blampied</p>	<p>Mini-wkshop ctned.</p>	<p>Training forum continued</p>		<p>mini-workshop Chair: Erin Tahauri</p>
<p>and the Reliable the context of practice- Neville oid</p>	<p>mini-workshop Marc Wilson Self-Injury in schools and school-age young people continued</p>	<p>Current issues in professional psychologist training in NZ</p>		<p>mini-workshop Erin Tahauri Not Just the "Baby Blues": An Introduction to Perinatal and Postpartum Mood and Anxiety Disorders</p>
<p>modulation of n activity by tion from facial Matthew Moore</p>				
<p>monolingual Excitatory and ng By Attended words- Ivy mah</p>				

9.00am	Registration Desk Opens		
9.30am	Keynote Speaker: Matthieu Villatte- 4B06		
10.30m	Morning Tea		
	Room 4B06	Room ESS	Room 7C09
	Guest speaker Chair: John Fitzgerald	Parent perspectives on infant sleep Chair: Carrie Barber	Clinical Chair: Ian de Terte
11.00am	Antonia Lyons- guest speaker <i>The importance of innovative qualitative research in Psychology: Young people, social networking and alcohol</i>	1. Findings from an online survey of parents of young children - <i>Carrie Barber</i> 2. Maori whanau perspectives on infant sleep - <i>Horiana Jones</i> 4. Migrant and Pakeha parents' perspectives on infant sleep- <i>Kerryn Treanor</i>	Coping strategies that are utilised by helping professions: Can psychologists learn something?- <i>Ian de Terte</i>
11.20am			The reproducibility crisis: Are there implications for clinical psychology? <i>Simon Walker</i>
11.40am			Do you have a twin? Reflections from a Clinical Psychologist on working part-time Librarian in a small-town library.- <i>Veerle Poels</i>
12.00pm	Keynote Speaker: Suzanne Chambers- 4B06		
1.00pm	LUNCH		
	Room 4B06	Room ESS	Room 7C09
	mini-workshop Chair: Dryden Badenoch	mini-workshop Chair: Nicola Cann	mini- workshop Chair: Mike Butcher
2.00pm	mini-workshop <i>Dryden Badenoch</i> The Psychological Impact of Physical Rehabilitation	mini-workshop <i>Nicola Cann, Karen Harris and Joanne Marshall</i> Positive Behaviour for Learning - Facilitating Organisational Change in Schools	mini-workshop Psychology Leadership in Clinical Settings <i>Mike Butcher & Fiona Howarth</i>
2.20pm			
2.40pm			
3.00pm	New Zealand Psychologists Board's Annual Information and Consultation Forum		
4.00pm	CONFERENCE FINISHES		

h September

	Room 5C18	LT200	Room 5C19
	Criminal justice Chair: Armon Tamatea	Health Chair: Judith Ansell	Research and Practice Chair: Barbara Kennedy?
lised by nologists Terte	Responding to challenging behaviours in custody- <i>Sarah Wheatley</i>	Mobile Mindfulness Meditation: Benefits and Barriers to Uptake - <i>Jayde Flett</i>	Working with the dysregulated child: Theraplay at Stand Children's Services- <i>Petria Thoresen</i>
re there ology?-	Extent and appropriateness of psychopathy in New Zealand and Australian Courts- <i>Armon Tamatea</i>	Longitudinal Experiences of Sleep and Fatigue after Traumatic Brain Injury- <i>Alice Theadom</i>	Introducing a map for a therapeutic conversation: Mindfulness beyond the narrative - <i>Vicky Scott</i>
ns from a ing as a ll-town	A study of the transition away from offending- <i>May-Lee Chong</i>	The NextSteps cancer rehabilitation programme- <i>Judith Ansell</i>	Therapist competence following post-graduate training in CBT- <i>Robyn Gedye</i>
	Room 5C18	LT200	Room 5C19
	Criminal justice Chair: Fred Seymour	Health Chair: Benjamin Riordan	Research and Practice contd.
linical ward	Adult sexual violence complainant witness' experiences of the NZ criminal trial process- <i>Rebecca Parkes</i>	New university students' Orientation Week alcohol use, alcohol-related harm, and how mobile phone interventions can help- <i>Benjamin Riordan</i>	Kotahitanga: establishing an affordable psychological service for Wellington - <i>Celia Falchi</i>
	Young Witnesses in Sexual Abuse Trials: Evaluation of the Whangarei Court Pilot Protocol <i>Fred Seymour</i>	To evacuate or to stay? Factors which influenced Japanese people's decision-making in emergency <i>Satomi Mizutani & Tomoko Kodadallow</i>	Seeing new territory charted at Auckland South Corrections Facility- <i>Kate Goss</i>
	ACC Presentation <i>Kris Fernando</i>	he impact of counseling on depression and suicidal ideation in hiv/aids patients and their caregivers- <i>Ravindra Prajapati</i>	Learning about what children bring us in interview - <i>Junie Woolford</i>
um 4B06			

Posters

Posters will be displayed in the Fern & Flax rooms for the entire conference

Poster Board 1

Rebecca Kurtovich
Olanzapine induced weight gain in adolescent population

Poster Board 1

Nicole Cameron
A model of the psychosocial interactions of Adolescent and Adult (AYA) cancer survivors

Poster Board 2

Negar Masori
The effectiveness of treatment schema on sexual disorder of women visiting health treatment centers

Poster Board 2

Angela Neville
Audit of Cognitive Programmes in New Zealand - Centre for Brain Research, Auckland University

Poster Board 3

Ann-Christin Pfeiffer
Influence of attachment on the therapeutic working alliance in multimodal treatment programs for pain

Poster Board 3

Rebecca Kurtovich
Stress Related Immunosuppression

Poster Board 4

Jocelyn Handy
Optometrists: Healthcare professionals or specialist retailers?

Poster Board 4

Sandila Tanveer
The Role of Inhibitory Modulation of Languages in Bilinguals

Poster Board 5

Anna-Leigh Hodge
The Effect of Putting Feelings into Words

Poster abstracts are published online here:

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PSYCHOLOGISTS BOARD**

**Te Poari Kaimātai Hinengaro
o Aotearoa**

The Psychologists Board

The Psychologists Board is, in accordance with the responsibilities and functions defined in the HPCA Act, the body mandated to oversee the training, registration, continued competence and conduct of psychologists in New Zealand. The principal purpose of the HPCA Act is "to protect the health and safety of members of the public by providing for mechanisms to ensure that health practitioners are competent and fit to practice their professions."

The Board is directly accountable to the Minister of Health in his or her role as the guardian of the health and safety of the public. This orientation of the Board can be contrasted with other professional organisations such as the New Zealand Psychological Society and the New Zealand College of Clinical Psychologists which represent the interests of their psychologist members. Although the Board may guide the profession, their primary mandate is the protection of the public.

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see their presentation abstract on page 52

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see their presentation abstract on page 51

Exhibitors



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Abstracts Index

Abstracts are published online on our website - see links below

Friday 2 September from Page 33

Morning

Refugees as survivors - p34
Clinical Psychology - p34
Prof. Practice- p35
Massey health and cancer service - p35
Educational/Dev Psychology - p35
Industrial/Organisational Psychology - p36

Afternoon

Refugees as survivors continues - p37
Clinical Psychology cont. - p38
Mental health - p38
Massey health & cancer service cont. - p38
Educational/Dev Psychology cont. - p39
IO Psychology cont. - p40
Mini-workshops - p40

Friday abstracts are here: <http://www.psychology.org.nz/friday-abstracts>

IO abstracts are here: <http://www.psychology.org.nz/IO-abstracts>

Saturday 3 September from Page 42

Morning

Bicultural - p42
Mini workshops - p43
Forum - p43
Clinical Psychology - p43
Mental health & wellbeing - p44

Afternoon

Bicultural symposium continues - p44
Clinical Psychology cont - p45
Mini workshops - p45
Research & theory- p45
Forum cont. - p46

Saturday abstracts are here: <http://www.psychology.org.nz/saturday-abstracts>

Sunday 4 September from Page 48

Morning

Infant sleep symposium - p48
Clinical Psychology - p48
Criminal Justice Psychology - p49
Health Psychology- p49
Research and Practice - p50

Afternoon

Mini- workshops p 50
Criminal Justice Psychology cont.- p50
Health Psychology cont.- p51
Research and Practice cont. - p51
ACC presentation - p51
Psychologists Board presentation - p52

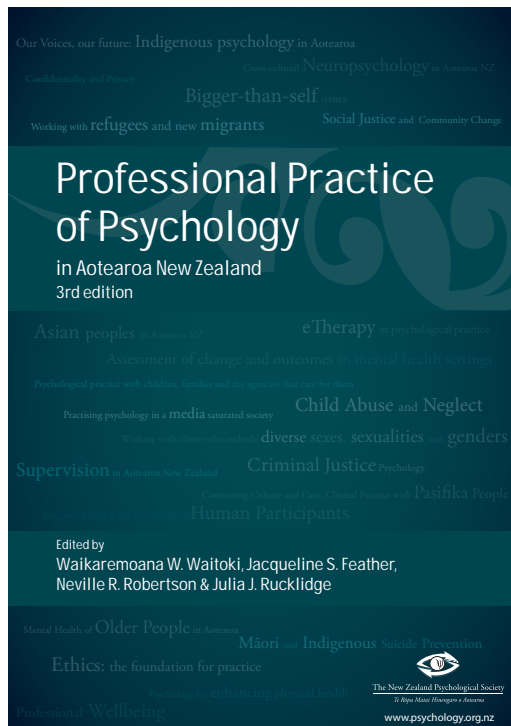
Sunday abstracts are here: <http://www.psychology.org.nz/sunday-abstracts>

Programme, Friday 2nd

9am-10.30am	Mihi whakataua
10.30am	Morning Tea
11.00am	Keynote Speaker
12.00pm	Guest address
12pm-1.00pm	Symposia
1.00pm	Book Launch/Lunch
2.00pm	Keynote speaker
3.00pm	Guest address
3.00pm-5.30pm	Symposia
4.00pm	Afternoon Tea
5.30pm	Whakawhanaungatanga

BOOK Launch

1.00pm in the Fern & Flax Room



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Programme, Friday 2nd

Morning 11.30am- 1.00pm

Refugees As Survivors New Zealand RASNZ Symposium

Chair: Ann Hood

12:00-1:00PM Room: 4B06

Dr Ann Hood, Chief Executive Officer, RASNZ

Symposium assistants from RASNZ: John Thorburn Psychologist, Ted Wotherspoon Psychologist. Sarah Williams, Psychologist, currently RASNZ and Gillian Taylor Psychologist, and Gina Sembrano Psychologist recently with RASNZ Volunteers.

The Many Borders Faced by Refugees and Asylum Seekers: Our Work With Them

1. 12:00 – 12:15 Dr. Ann Hood will start the day's programme with "The World Refugee Situation". The facts and implications noted will help answer some questions about: Who are these groups? How do they get here? Where are they from? How many come? What is New Zealand's resettlement strategy and what is the Psychologists role and why?
2. 12:15- 12:30 Some volunteers (quota refugees and asylum seekers), representing different cultures will present their "Journeys". Where appropriate the experience of receiving support from a range of professionals will be commented on.
3. 12:30 – 12:45 An issue for psychologists. Gender and Family -Presented by Sarah Williams, RASNZ Psychologist
4. 12:45 – 1:00. A time for questions and comments.

Guest Speaker

12:00-1:00PM Room: ESS

Julia Rucklidge, Professor of Clinical Psychology, Department of Psychology at the University of Canterbury

Nutritional Therapies for Psychological Symptoms: What is the evidence to date? see page for more information

Clinical Psychology

Chair: Fernanda Mottin

12-1.00PM Room: Lt200

12.00pm, *Fernanda Mottin, Wellstop*

What if I can't use CBT: Using an eclectic approach to clinical psychology

12.20pm *Henck van Bilsen, Waikato District Health Board, Thames*
Becoming your own best therapist: cognitive behaviour therapy in groups

12.40pm *Cate Curtis, University of Waikato, Senior Lecturer in Psychology*

Programme, Friday 2nd

Non-suicidal self-injury: From suicide risk to social activity

Professional Practice and Applied Research Cluster (PPARC)

Chair: Barbara Kennedy

12-1.00PM Room: 5C18

12.00pm, Julie Burgess-Manning and Sarina Dickson, Kotuku Creative
The Worry Bug Project for Christchurch Children: The child at the centre of recovery. A collaborative practice approach.

12.20pm, Benita Stiles-Smith, Senior Professional Clinician/Supervisor, Massey University, School of Psychology

The Worry Bug Project Preliminary Research Outcomes for Christchurch Children Years 1-4

12.40pm, Barbara Kennedy, Senior Professional Clinician, Massey University

Evaluating professional training programmes: developing an instrument

Working without Borders: The Massey Health and Cancer Services - A Community Model

Chair: Maria Berrett

12-1.00PM Room: 5C11

12.00pm, Maria Berrett, Massey University Palmerston North, Massey Health and Cancer Services Coordinator

Introduction to Services and Community Model

12.20pm, Lucia King, Massey University Palmerston North & Jacinda Shailer, Massey University Palmerston North

Working with Clients with Health Conditions

12.40pm, Lizzy Kent, Clinical Psychologist, Massey University Palmerston North

Cancer Psychological and Social Support Initiative

Developmental/Educational Psychology

Chair: Fiona Ayers

12.00pm-1.00pm Room 5C19

12.00pm, Ryan Jim San Diego, PhD student, Department of Psychological Medicine, The University of Auckland

Taking Another Look at the Reliability and Validity of the SDQ in Preschool Children: Interpretation and Recommendations

Programme, Friday 2nd

12.20pm *Fiona Ayers, Psychology for Children*

Suggested Process for Assessing Students for Special Assessment Conditions

12.40pm, *Fiona Ayers, Psychology for Children*

Assessing students for Special Assessment Conditions in low decile schools - some initial findings

Industrial/Organisational Psychology

Guest Speaker

11.00-12.00pm Room: 7D07

Christopher D. B. Burt, Associate Professor of Industrial and Organizational Psychology, University of Canterbury

Managing new employee safety risks: Integrating safety and human resource management practices see page for more information

Health, Safety and Wellbeing

12-1.00pm Room 7D07

Chair: Michael O'Driscoll

12.00pm, *Sanna Malinen, Senior Lecturer in OB and HRM, University of Canterbury*

Can resilience be enhanced through focusing on wellbeing in the workplace?

12.20pm, *Frank O'Connor, Organisational Psychologist*

Engaging workers with maintaining their own wellbeing

12.40pm, *Andrea Soykan, PGDip (EdPsych) Student, Massey University*

Subjective Well-Being in New Zealand Teachers: An Examination of the Role of Psychological Capital

Coaching Psychology

12.00-1.00pm Room 7C21

Chair: *Trish Tapara*

Guest Speaker

12.00-1.00pm Room: 7C21

Jennifer Garvey Burger

Adult Development - Transforming Towards Wisdom see page for more information

General IO

12-12.40pm Room 7D06

Chair: Thomas Huggins

Programme, Friday 2nd

12.00pm, Lisa Harris, PhD student in I/O Psychology, The University of Auckland

Inputs and Outputs of Newcomer Learning during Socialization: A Meta-Analysis

12.20pm, Julie Viviana Cedeno Bustos, PhD student -Department of Psychology-University of Canterbury

Young Graduate's Great Expectations: Identifying Newcomers Perceptions About Their Future Jobs

12.40pm, Lisa Stewart, Massey University, IO Psychology Programme Coordinator and Te Ātihaunui-a-Pāpārangī, Ngāpuhi and Tūwharetoa

From Land to Brand – The Ngāti Porou Miere Collective and Indigenous Sustainable Development

Afternoon 3.00pm- 5.30pm

Refugees As Survivors New Zealand RASNZ Symposium continued

Chair: Ann Hood

3:00-5:30PM Room: 4B06

Block Two:

1. 3:00- 3:15pm Managing differing beliefs and protocols. “A foot in two worlds” A presentation from two young women with refugee backgrounds studying with support from a Sir Robert Jones Scholarship

2. 3:15 – 3:30pm The skills needed by Psychologists when working with Interpreters.

Practical role plays by Psychologists Gillian Taylor, and Ted Wotherspoon with volunteers.

3. 3:30 – 3:45 A persistent and difficult problem. Working with Complex issues with asylum seekers and refugees. Presented by Gina Sembrano Psychologist

4. 3:45 -4:00pm Questions and comments.

Block Three:

Topic. Longer term issues and conclusion

1.4:30 - 4:45pm. Complex Traumatic Experiences that exist in this population. How the Psychologist works with that. Presentation from John Thorburn, Psychologist. (RASNZ)

2.4:45 – 5:10pm Conclusion. Dr. Ann Hood will briefly review the days programme and comment about some of the issues raised as well as observations about the role of psychologists who work in this field. Followed by some volunteers giving their impressions of the day. If time is available a question and comment session will follow.

Programme, Friday 2nd

Guest Speaker

3:00-4:00PM Room: ESS

Marc Wilson, Assoc. Professor of Clinical Psychology, School of Psychology at Victoria University of Wellington

On Advice for Psychologists Working with Media see page for more information

Clinical Psychology

Chair: Sarbjit Johal

3:00-4:00PM Room: Lt200

3.00pm, S.S. Johal, Associate Professor in Disaster Mental Health JointCentre for Disaster Research, Massey University / GNS Science

Working through disaster: Mental Health Care Professionals' capacity to deliver services during disaster recovery

3.20pm, Johnrev Guilaran, PhD student in Psychology, Massey University and University of the Philippines Visayas

Social Support among Disaster First Responders: A Review of Literature

3.40pm, Barry Parsonson, Clinical Psychologist, Explore Specialist Advice
Fetal Alcohol Spectrum Disorder Interventions- What might work and where to next?

Mental Health

Chair: Lara Greaves

3.00-4.00pm Room 5C18

3.00pm, Ella R Kahu, Lecturer in Psychology, Massey University

"I live two lives": Managing the tension between homosexuality and Islam

3.20pm, Lara M. Greaves, PhD Student, School of Psychology, University of Auckland

The Asexual Identity in National Sample: Demographics, Wellbeing, and Health

3.40pm, Raechel Osborne, Youth Health - KYS

The Outcome Measurement Model: an assessment tool to measure health and well-being indicators in young people

Working without Borders: The Massey Health and Cancer Services - A Community Model continues

Chair: Maria Berrett

3:00-5:10PM Room: 5C11

3.00pm, Victoria Marke, Health Psychologist, Massey University Palmerston

Programme, Friday 2nd

North & Sarah Malthus, Massey University Palmerston North
Renal Donor Psychosocial Assessments

3.20pm Hukarere Valentine, Massey University Palmerston North & John Pahina, Massey University Palmerston North

Weaving Cultural Knowledge and Responsiveness through Service Delivery, Collaboration and Research

3.40pm, Don Baken, Clinical Psychologist, Massey University Palmerston North

A Community Model Research Coordination

4.30pm, Sarah Malthus, Clinical Psychologist, Massey University Palmerston North

Evaluation of lifestyle intervention approaches for people with pre-diabetes: A randomised controlled trial

4.50pm, Sara Joice, Health Psychologist, Massey University Palmerston North

The role of a Peer-led Support Group Facilitator for Mid Central DHB

Developmental/Educational Psychology contd.

Chair: Fiona Ayers

3.00pm-5.30pm Room 5C19

3.00pm, Jhan Gavala, Lecturer in Psychology, Massey University

Ka whakautu te karanga: Responding to the call for more culturally relevant, reasoned, and respectful educational psychology in Aotearoa New Zealand

3.20pm, Cindy Wu, Master of Educational Psychology student, Massey University

Filial Piety, Academic Self-concept and Academic Achievement: Examining their relationship in a secondary school in New Zealand

3.40pm, Jan Johnson, former Private Practitioner - now retired

The Casework Process - 'behind-the-scenes' planning and decision making

4.30pm, Samantha Lee, PhD student in Psychology, University of Canterbury, Christchurch

Middle Childhood Academic Outcomes of Children Born to Mothers Maintained on Methadone during Pregnancy

4.50pm, Ryan Jim San Diego, PhD Student, Department of Psychological Medicine, The University of Auckland

Maternal Alcohol Drinking and Smoking as Predictors of At-Risk Preschool Children's Everyday Executive Function: A

Programme, Friday 2nd

Longitudinal Study

5.10pm, *Shane Costello, Lecturer in Educational Psychology, Monash University*

Exploring mindfulness in the classroom: universal or targeted approach?

Mini- workshops

4.30-5.30pm

Room ESS

Henck van Bilsen, Waikato District Health Board, Thames consultant clinical psychologist

Motivational Interviewing: radical acceptance of what is (and not demanding what should be)

Room Lt200

Rose Black, Population Health, Waikato DHB & Associate, University of Waikato; and Raymond Nairn

Te Ao Pākehā, Culture and Privilege in Psychology

Room 5C18

Waikaremoana Waitoki, Luke Rowe, Bridgette Masters-Awatere, Julie Wharewera-Mika Lisa Cherrington, Pare Harris and Tahlia Kingi

He Paiaka Tipu, He Paiaka Totara: A totara sprout strengthened by the totara network

Industrial/Organisational Psychology

Guest Speaker

2.00-3.00pm Room: 7D07

Chair: Michael O'Driscoll

Michelle Tuckey, Associate Professor of Psychology, University of South Australia

Psychosocial safety at work: Spotlight on safety climate and risk assessment see page for more information

Health, Safety and Wellbeing

3.20-5.10pm Room 7D07

Chair: Sanna Malinen

3.20- 4.00pm, Shona Munro, Teaching and Learning Advisor, NZ Police

Looking After the Troops Developing leader's supportive behaviours to improve the wellbeing of staff

4.30pm, Dianne Gardner, Senior Lecturer in Industrial/Organisational Psychology, Massey University

What are New Zealand workplaces doing to manage workplace bullying?

4.50-5.10pm, Michael O'Driscoll, Professor of Psychology, University of

Programme, Friday 2nd

Waikato

**Organisational psychology in Aotearoa New Zealand:
Reflections on the past, present and future**

Coaching Psychology

2.00-4.50pm Room 7C21

Chair: Trish Tapara

Mini- workshop

2.00-3.00pm Room: 7C21

Lisa Stewart, Professional Clinician and IO Programme Coordinator, Massey University

The Meihana Model: Engaging effectively with Māori clients

3.00pm, Barbara Kennedy, Senior Professional Clinician Massey University

Purpose, process and ethics: The question of time-frames in coaching psychology

3.20pm, John Eatwell, Strategic HR and Sanna Malinen, University of Canterbury

Coaching evaluation: A case study

3.40pm, Dr Iain McCormick, Executive Coaching Centre

Using acceptance and commitment therapy in executive coaching: A case study

4.30pm, Trish Tapara, Psychologist Industrial and Organisational
Being the best coach for the job –internal or external workplace coaches

General IO

3.00-4.50pm Room 7D06

Chair: Thomas Huggins

3.00pm, Thomas Huggins, PhD Student in Psychology, Massey University

Extending Ecological Rationality: Impacts of Sharing Media in Complex Scenarios

3.20pm, Lisa Stewart, Professional Clinician and IO Programme Coordinator, Massey University

From Land to Brand – The Ngāti Porou Miere Collective and Indigenous Sustainable Development

3.40pm, Frank O'Connor, Organisational Psychologist

Examining mental fitness for work: Unfit or safe for duty?

4.30pm, Cameron Beazley

Game Changer in Employee Selection: Innovations in Gamified Assessment

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Programme Saturday 3rd

8.30am	Institutes' AGM
9.30pm	Keynote Speaker
10.30am	Morning Tea
11.00am	Guest speaker
11.00am	Symposia
12.00pm	NZPsS Awards
1.30pm	Lunch and Book launch
2.30pm	Keynote speaker
3.30pm - 4.30pm	Symposia
4.30pm	Afternoon tea
5.00pm	NZPsS AGM
7.30pm	Conference dinner

Morning 11.00am- 12.00pm

Guest Speaker

11:00-12:00PM Room: 4B06

Devon Polaschek, Professor, School of Psychology at Victoria University of Wellington

Succeeding in the short-term: Some factors that contribute to desistance in high-risk prisoners on parole.

Bicultural Psychology

Chair: Waikaremoana Waitoki

11.00-12.00pm Room ESS

11.00am, Karahipi Tumuaki President's Scholarship 2015 Recipient:
Stacey Ruru, The University of Waikato

Metaphors and proverbs: Guides to wellbeing strategies for Maori Women in leadership roles.

11.20am, Jade Le Grice, Lecturer in Psychology, The University of Auckland
Understanding culturally situated and integrative meanings in reproductive decision making among Maori

11.40am, Tania Gilchrist, Ngati Tuwharetoa, Kahungunu ki Heretaunga,
Intern psychologist, DCP University of Auckland

Āwhinatia tāu whānau, kua wehea ai, kua ngaro ai. A

Programme Saturday 3rd

process of connection within a world of disconnection

Mini workshop

Chair: Ariane Strulk

11:00-12:00PM Room: 7C09

Ariane Strulk, Director ICTC, Institute for Chronically Traumatized Children (ICTC), Perth, Australia

Treating Chronically Traumatized Children. Don't let sleeping dogs lie!

Mini workshop

Chair: Dryden Badenoch

11:00-12:00PM Room: 5C18

Dryden Badenoch, Consultant Clinical Psychologist, Relaxed Therapy

Why don't you just use Facebook? Promoting psychologists and psychology online.

Mini workshop

Chair: Marc Wilson

11:00-12:00PM Room: 7D07

Marc Wilson, Associate Professor, School of Psychology, Victoria University of Wellington

Self-Injury in schools and school-age young people

Forum

Chair: Kerry Gibson and Fiona Howard

11:00-12:00PM Room: 5C19

Kerry Gibson and Fiona Howard, School of Psychology, University of Auckland

Current issues in professional psychologist training in New Zealand

Clinical Psychology

Chair: JaneMary Castelfranc-Allen

11:00-12:00AM Room: 7C18

11.00am, Elizabeth Kristi Poerwandari, lecturer in psychology, Universitas Indonesia

The delicate issue of psychology and human rights: case of Indonesia

11.20am, JaneMary Castelfranc-Allen, Private consultant, Applied Psychology International

Travelling with trauma: Moral, legal and psychological

Programme Saturday 3rd

questions in the international context

11.40am, *Jhan Gavala, Lecturer in Psychology, Massey University*
Self-purification rituals: A comparative study of Javanese (Indonesia) and Māori (New Zealand) cultural practices.

Mental Health & Wellbeing symposium

Chair: Matt Williams

11:00-12:00PM Room: LT200

11.00am, *Tatiana Tairi, School of Psychology, Massey University*
Clinical profiles among Greek adolescent suicide attempters: A latent class analysis

11.20am, *Matt N. Williams, School of Psychology, Massey University*

The effects of Project K on the wellbeing of adolescents: A multilevel model analysis

11.40am, *Joseph Smith, DClinPsych Student, School of Psychology, Massey University*

Placing mindfulness under the lens: A network analysis.

Afternoon 3.30pm- 5.00pm

Mini Workshop

Chair: Ryan Cullen

3:30-4:30PM Room: 4B06

Ryan Cullen, Educational Psychologist at Explore Specialist Advice

Let's talk about sex: The law and ethics on capacity to consent and the implications for supporting socio-sexual competence.

Bicultural Psychology Continued

Chair: Waikaremoana Waitoki

3:30-3:50PM Room: ESS

3.30pm, *Jhan Gavala, Lecturer in Psychology, Massey University*
WAVES (Wave Access Variables and Environmental Scarcity) and 'surf rage': A theory and model on mitigating 'surf rage'.

3.50pm, *Simon Waigh, DClinPsy student, University of Auckland; Higher Ground*

He toa takitini

Programme Saturday 3rd

4.10pm, Angus Macfarlane, Te Arawa, University of Canterbury & Porsha London, Research and Evaluation, Ngai Tahu Te Tapuae O Rehua
Socio-cultural shifts in teacher practice

Clinical Psychology

Chair: Gen Numaguchi

3.30-4.10pm Room 7C09

3.30pm, Gen Numaguchi, Senior Clinical Psychologist, Southern DHB

It's someone's life story, not a list of facts! - Using Motivational Interviewing to write comprehensive assessments

3.50pm, Peter Sin On Wong, Centre for Fundamental and Liberal Education, University Malaysia Terengganu

Integrating Spirituality into Counselling among Professional Malaysian Counsellors: Mid-term Results

4.10pm, Heather Dale, Snr Lecturer in Counselling Studies, University of Huddersfield

The hidden virtue: Towards a new understanding of humility in counselling and psychotherapy

Research and Theory

Chair: Neville Blampied

3.30-4.30pm Room 5C18

3.30pm, Neville M Blampied, Professor of Psychology, University of Canterbury

Reliable Change and the Reliable Change Index in the context of evidence-based practice: A tutorial review

3.50pm, Matthew Moore, PhD graduate in psychology, University of Otago

EEG evidence for modulation of mirror neuron activity by inference of emotion from facial expressions

4.10pm, Ivy Kesewaa Nkrumah, PhD Student in Psychology, University of Canterbury

A Bilingual-Monolingual Comparison of Excitatory and Inhibitory Priming By Attended and Ignored words

Mini Workshop continues

Chair: Marc Wilson

3.30-4.30pm Room 7D07

Marc Wilson, Associate Professor, School of Psychology, Victoria University of Wellington

Self-Injury in schools and school-age young people

Programme Saturday 3rd

Forum continues

Chair: Kerry Gibson and Fiona Howard

3.30-4.30pm Room: 5C19

Kerry Gibson and Fiona Howard, School of Psychology, University of Auckland

Current issues in professional psychologist training in New Zealand

Mini Workshop

Chair: Erin Tahauri

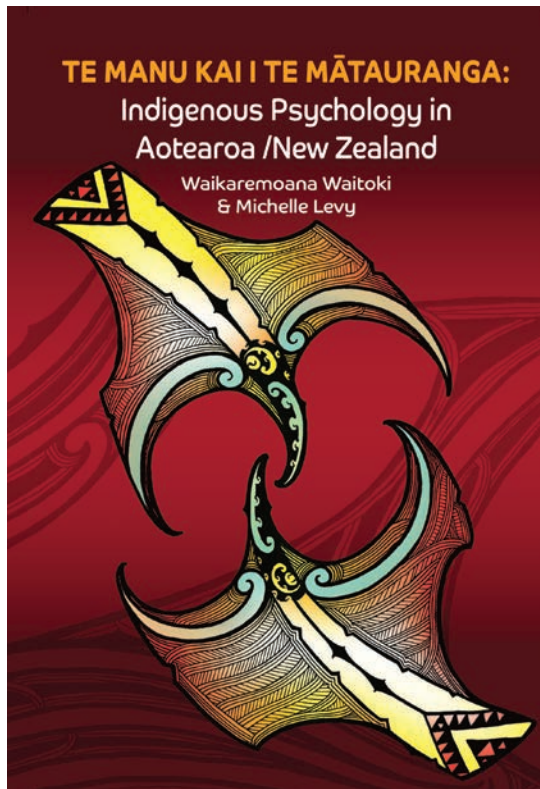
3:30-4:30PM Room: LT200

Erin Tahauri, PsyD

Not Just the “Baby Blues”: An Introduction to Perinatal and Postpartum Mood and Anxiety Disorders.

BOOK Launch

1.30pm in the Fern & Flax Room



Please support your Institute by coming to their AGM. **Institutes' AGMs** are scheduled for Saturday from 8.30am - 9.30am (see programme table for locations)



NZPsS members please join us for the **Society's AGM** on Saturday from 5.00pm to 6.00pm in 4B06.

CONFERENCE DINNER



Saturday 7.30pm
at the One80 Restaurant,
Cophthorne Hotel, Oriental
Parade.

If you haven't registered
and would like to come,
please see us at the
registration desk.

Good food and drinks with
fellow delegates and an
opportunity to dance -
don't miss out.

Programme Sunday 4th

9.30am	Keynote Speaker
10.30am	Morning Tea
11.00am	Guest address
11.00am -12.00pm	Symposia
12.00pm	Keynote speaker
1.00pm	Lunch
2.00pm - 3.00pm	Symposia
3.00pm	The Psychologists Board
4.00pm	Conference finishes

Morning 11.00am- 12.00pm

Guest Speaker

11:00-12:00PM Room: 4B06

Antonia Lyons, Professor of Psychology, Massey University

The importance of innovative qualitative research in Psychology: Young people, social networking and alcohol

Rockabye Baby: Parent perspectives on Infant sleep

Chair: Carrie Cornsweet Barber

Room: ESS, 11.00-12.00pm

11.00am, Carrie Cornsweet Barber Ph.D., University of Waikato

Findings from an online survey of parents of young children

11.20am, Horiانا Jones, University of Waikato

Māori whanau perspectives on infant sleep

11.40am, Kerryн Treanor, University of Waikato

Migrant and Pakeha parents' perspectives on infant sleep

Clinical Psychology

Chair: Ian de Terte

11.00am - 12.00pm Room 7C09

11.00am, Ian de Terte, Senior Lecturer in Clinical Psychology, Massey University

Programme Sunday 4th

**Coping strategies that are utilised by helping professions:
Can psychologists learn something?**

*11.20am, Simon Walker, Clinical Student, final year of DCLinPsych,
University of Auckland*

**The reproducibility crisis: Are there implications for clinical
psychology?**

11.40am, Veerle Poels, Clinical Psychologist in private practice

**Do you have a twin? Reflections from a Clinical Psychologist
on working as a part-time Librarian in a small-town library.**

Criminal Justice/Forensic Psychology

Chair: Armon Tamatea

Room: 5C18, 11.00am-12.00pm

11.00am, Dr Sarah Wheatley, The GEO Group Australia Pty. Ltd

**Responding to challenging behaviours in custody: A new
approach**

11.20am, Armon Tamatea, Senior Lecturer, University of Waikato

**'The respondent admits calling the applicant a "Psychopathic
bitch"': Extent and appropriateness of psychopathy in New
Zealand and Australian Courts**

*11.40am, May-Lee Chong, Masters student in psychology, Massey
University*

**A study of the transition away from offending: a literature
review**

Health Psychology

Chair: Judith Ansell

Room LT200, 11.00am - 12.00pm

*11.00am, Flett, J. A. M., PhD Student in Psychology, Department of
Psychology, University of Otago*

**Mobile Mindfulness Meditation: Benefits and Barriers to
Uptake**

*11.20am, Alice Theadom, Senior Lecturer in Psychology, Auckland
University of Technology*

**Longitudinal Experiences of Sleep and Fatigue After
Traumatic Brain Injury**

11.40am, Judith Ansell, Lecturer in Psychology, Massey University

**The NextSteps cancer rehabilitation programme: Results of
a pilot study**

Programme Sunday 4th

Research and Practice

Chair: Barbara Kennedy

11:00-12pm Room: 5C19

11.00am, Dr Petria Thoresen, Psychologist, Stand - Children's Services

Working with the dysregulated child: Theraplay at Stand Children's Services

11.20am, Vicky Scott, Intern Psychologist, Massey University

Introducing a map for a therapeutic conversation: Mindfulness beyond the narrative

11.40am Robyn Gedye, Intern Psychologist, Massey University, School of Psychology

Therapist competence following post-graduate training in CBT

Afternoon 2.00pm- 4.00pm

Mini-workshops, 2.00-3.00pm

1. The Psychological Impact of Physical Rehabilitation

Chair: Dryden Badenoch, Consultant Clinical Psychologist, Whanganui DHB

Room: 4B06

2. Positive Behaviour for Learning - Facilitating Organisational Change in Schools

Chair: Dr Nicola Cann

Room: ESS

Dr Nicola Cann, Ministry of Education, Dr Karen Harris, Ministry of Education & Joanne Marshall, Ministry of Education

3. Psychology Leadership in Clinical Settings

Chair: Mike Butcher

Room: 7C09

Mike Butcher, Auckland DHB & Fiona Howard, University of Auckland

Criminal Justice/Forensic Psychology continues

Chair: Armon Tamatea

Room: 5C18, 2.00-2.40pm

2.00pm, Rebecca Parkes, DCLinPsy Student, University of Auckland

Adult sexual violence complainant witness' experiences of the NZ criminal trial process.

Programme Sunday 4th

2.20pm, Fred Seymour, University of Auckland

Young Witnesses in Sexual Abuse Trials: Evaluation of the Whangarei Court Pilot Protocol

Health Psychology continued

Chair: Benjamin Riordan

2.00-3.00pm, Room LT200

2.00pm, Benjamin C. Riordan, University of Otago, Department of Psychology

"Down the rabbit hole": New university students' Orientation Week alcohol use, alcohol-related harm, and how mobile phone interventions can help

2.20pm, Satomi Mizutani, Unitec Institute of Technology & Tomoko Koda-Dallow, Unitec Institute of Technology

To evacuate or to stay? Factors which influenced Japanese people's decision-making in emergency

Research and Practice continued

Chair: Barbara Kennedy

2.00-3.00pm Room 5C19

2.00pm, Dr Celia Falchi, Psychologist, Onslow Anglicans

Kotahitanga: establishing an affordable psychological service for Wellington

2.20pm, Kate Goss, Intern Psychologist, Massey University, School of Psychology

Seeing new territory charted at Auckland South Corrections Facility: Psychology across the whole facility.

2.40pm, Junie Woolford, Massey University

Learning about what children bring us in interview: Clinical observation of category and content using a semi-structured protocol.

ACC Presentation

2.40pm Room 5C18

Presenters: Dr Kris Fernando – Manager Psychology and Mental Health

This interactive session will present some recent developments and initiatives within ACC. The topics which will be covered include

- Modifications to the Psychological Services contract
- The variation to the Psychological Services contract commenced on 1st May 2016 and there are a number of changes such as including the opportunity for psychologists from the range of scopes to apply and aligning the funding for mental injury assessments with the Integrated Services for Sensitive Claims contract. The

Programme Sunday 4th

changes are significant and this will be useful information for those who hold the contract or would like to apply

- ACC's transformation programme with a focus on suppliers/providers
- ACC introduced a new vision and values 18 months ago and is launching a transformation programme which will extend over five years. Discussion will focus on changes providers will expect to see over the next few years.
- Modifications to Pain Services
- Pain services are being redesigned this year and the ideas underpinning these changes will be introduced
- Integrated Services for Sensitive Claims contract
- Updates in relation to this contract will be discussed
- Workforce development – interns and new graduates
- ACC requires more psychology providers under its mental health and pain contracts and will be presenting various ideas to boost the workforce.

New Zealand Psychologists Board's Annual Information and Consultation Forum

3.00pm Room 4B06

Main Presenters: Ann Connell (Chairperson) and Steve Osborne (Chief Executive & Registrar)

An interactive forum covering topics such as:

Governance matters: The Board's work with stakeholders; an update on the major review of the Board's standards and procedures for registration; recent Board appointments; the appointment of two Cultural Advice Reference Groups; the establishment of a scope of practice for neuropsychology.

Operational matters: Registration growth; the Board's colocation with nine other Regulatory Authorities; information about the Board's current handling of Family Court-related complaints.

Guiding the profession: Updates on Best Practice Guidelines, and an overview of recent complaints (including "lessons learned"); publication of the "Consulting a Psychologist" brochure.

Other matters of interest: An update on the International Declaration on Core Competences in Professional Psychology; the "Yokohama Declaration" – collaboration in the Asia-Pacific region.

Time will also be provided for a general "Q&A" session.

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Workshop Abstracts

PRE-CONFERENCE WORKSHOPS, THURSDAY 1 SEPTEMBER

Full-day workshops:

“Cut that Out”: Best Practices for Responding to Self-Injury- Jennifer Muehlenkamp

Using both lecture and interactive discussions, this workshop will provide attendees with practical knowledge and applicable clinical skills for working with youth who engage in nonsuicidal self-injury. The workshop will provide participants with a greater understanding of why youth self-injure, how self-injury differs from but can also contribute risk for suicide, and when to become concerned about suicide risk. A significant portion of the workshop will provide a framework for approaching the treatment of self-injury along with specific intervention strategies that can be used in the therapy office and provided to parents to assist youth at home. Role plays, small group discussions, and case consultations will be employed as time allows.

Training Objectives:

1. Participants will be able to describe the reasons why youth engage in self-injury and connect those reasons to specific therapeutic strategies.
2. Participants will be able to identify features of self-injury that may indicate increasing risk for suicide.
3. Participants will be able to apply a functional assessment framework to conceptualizing and intervening with self-injury
4. Participants will be able to identify and use specific strategies to help youth decrease self-injury

Ethics and Moral Engagement: How to Maintain and Strengthen Virtue in an Ethnically Diverse World- Janel Gauthier

This workshop is intended to enable participants to identify situations in which psychologists may become, more or less consciously, morally disengaged from their base of ethics rules and of ethical principles. The identification of such issues is important in order to maintain oneself as an ethical psychologist and to assess motivations in resolving ethical dilemmas. Adding a mix of values from other cultures also complicates the decision-making substantially. Bandura's social cognitive theory of moral disengagement will be used to examine how internal moral control can be disengaged in everyday situations. Strategies for maintaining and strengthening one's ethical engagements will be identified, including emphasis on the ethical principles or virtue, ethical decision-making steps, peer consultation, continuing education, and understanding of the ethical principles and values presented in the Universal Declaration of Ethical Principles for Psychologists (2008). To explore these topics, the workshop will use small group discussion of questions related to lifelike vignettes. Each exercise will consist of a brief introduction, a question relative to the ethical dilemma presented in the vignette, small group discussion, and plenary discussion. Questions will include: To what extent has the

Workshop Abstracts

psychologist departed from ethical principles? What were the operating mechanisms of moral disengagement? What could be done to maintain and strengthen virtue in the future? How does working across cultures complicate the situation? How do you remain ethically engaged in today's world? What does the future hold if we have insufficient guidance in working across cultures?

Objectives: (a) Increase recognition of the strategies of moral disengagement that may affect psychologists; (b) Develop strategies for maintaining and strengthening moral engagement – short and long term; (c) Increase awareness of complexities of working across cultural lines; (d) Summarize how participants remain ethically engaged in an ethnically diverse world.

The problem with conflict... - Sonja Macfarlane

“There are various levels of knowing. The strongest form of knowing comes about when we have had a suitable experience of something. This kind of knowing is coded inside us in a felt, compacted, living, tacit form, and is part of our total mental structure. With some effort, we can sometimes make this kind of knowledge conscious and think about it verbally” (Sotto)

In this workshop, participants will interact with some key ideas relating to the notion of ‘conflict’ and ‘resilience’ and its psychological implications as a result of various experiences that humans encounter.

Session One:

We will explore the realm of ‘human conflict’ generally, and look at various interpretations and perceptions – and the impact of these on how ‘conflict’ is understood, and may be expressed.

Session Two

We will engage in an interactive quiz to explore our knowledge of some generally accepted theories about human development.

Session Three:

The impacts of unexpected ‘conflict’ on people will be explored in more detail with a particular focus on how ‘resilience’ may or may not be expressed.

Session Four:

Participants will interact in a range of scenarios in order to explore various ‘conflicts’ that exist on a daily basis for many young people in society. How might these conflicts impact on psychological theory and practice?

Advanced ACT: Getting Experiential Without Exercises- Matthieu Villatte, PhD

ACT and other third wave therapies are distinct from other approaches to psychotherapy, in part, because they are experiential approaches. Despite an emphasis on the development and dissemination of experiential exercises, taking an experiential approach to therapy is not limited to an exercise based practice. Contextual behavioral science (CBS) offers an analysis of therapist and client

Workshop Abstracts

behavior that allows for an understanding of experiential work based on Relational Frame Theory (RFT). I suggest that developing facility with RFT provides the foundation for therapists to do experiential work without resorting to experiential exercises. This workshop will provide an opportunity to practice, through a series of demonstrations and experiential role-plays, using RFT to 1) see opportunities for experiential intervention, 2) create RFT-based interventions in the moment, and 3) build RFT-based conceptualizations of the experiential therapy session.

The structure of the training is intended to build clinical competence, not just knowledge. Didactic presentations will be pragmatic and opportunities for practice and feedback will be emphasized. Learning activities will include video demonstration and analysis, behavioral rehearsal of micro-skills, guided self-assessment, and planning for continued improvement. This training is appropriate for healthcare providers at all levels of expertise and working with any population in any treatment setting. Learning activities will include examples from different evidence-based practices, including non-CBS approaches.

Half-day workshop:

Developing and Evaluating Health Interventions in Chronic Disease: Psychosocial care for people affected by cancer - Suzanne Chambers

This workshop will overview considerations for psychosocial interventions in chronic disease using the cancer setting as a case example. The workshop will cover pragmatic as well as theoretical and empirical issues and discuss the need for balance to develop a meaningful research agenda that has the potential for translation into practice. This will provide a forum for practitioner-researchers and researchers to discuss their experiences of intervention development and evaluation

Learning Outcomes

- Identify key approaches to intervention in cancer from a pragmatic, theoretical and empirical stand point
- Describe principles of good intervention research
- Understand challenges to research translation

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