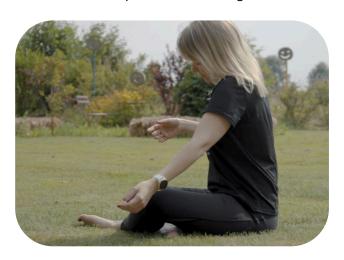
Experience the Transformative Power of the Moving Cycle – New Zealand 2025

Rachelle Janssen, a Dance-Movement Therapist and Moving Cycle teacher, is coming to New Zealand to teach **The Moving Cycle**—a body-centered psychotherapy developed by Christine Caldwell. Rachelle is from The Netherlands and has over a decade of experience of working in addiction care.





The Moving Cycle is more than a therapeutic approach—it's a journey into the wisdom of the body. Rooted in dance therapy, neuroscience, and contemplative practices, this powerful method helps individuals reconnect with themselves, heal past wounds, and craft new, empowering narratives.

For **therapists**, **educators**, **artists**, **and changemakers**, this training is your chance to integrate movement into your work and life:

- ◆ Phase 1: Core Principles & Practices (20–23 June 2025)
- Phase 2: The Rhythm of Self & Other (26–29 June 2025)

Whether you seek **professional enrichment or personal transformation**, this journey will open new doors. **Spaces are limited—don't miss this opportunity!**

Find all details—dates, location, fees, and registration—on the website: www.rachellejanssen.com/feel-at-home/

- This is your time. Step into your truth. Expand boldly.
- Reserve your spot today!

