

## Take your relationship therapy to the next level: Learn the Core Skills & Theory of the Developmental Model

Whether you work with couples or individuals, you probably spend a lot of clinical time talking about relationships.

Developmental Model Core Skills and Theory is an introduction to the most broad-reaching model of relationship therapy we know. This training offers a clinical framework that integrates Attachment, Differentiation, and Neurobiological theory into a practical and approachable methodology that clarifies the complexity of relationships for therapist and client alike. This comprehensive introduction to the model is taught in two blocks of two days, plus a one-day online review session in between to assist your integration.

Whether you work primarily with individuals or couples, this in-depth perspective on how relationships operate has something for you. You also have the chance to join our growing community of developmental model therapists with access to free information, further training, consultation and supervisor support.

The 5 Day training programme is organised in two blocks of two days in-person training in Auckland, several months apart, with an online Practical Review day in between to review and consolidate your learning. The first block` (March 3 & 4 2025) focuses on introducing the model and practical skills while the second block (09 & 10 June 2025) is focused on deepening practical skills and on the application of the model to common challenging presentations.

The online Practical review day is 07 April 2025. This is an opportunity to consolidate your learning from block one by exploring practical applications with real cases as well as asking any questions you might have.

It is expected that you will have completed our foundational training in Working with Couples\_first or have equivalent training or experience. If you have not completed this, talk to us as we are willing to be flexible.

Over the past 10 years, participants have consistently rated our training courses 4.8 out of 5 for overall value and impact so you can be sure your time and money will be well spent.

**Trainers:** Paula Dennan and Nic Beets are both Clinical Psychologists who each have over 30 years' experience in working with relationship issues in various models. They are the only endorsed trainers in Australasia for the Developmental Model. Paula will be teaching the 2 Day in room courses with Nic joining for the Practical Review Day. Both Paula and Nic will continue to offer supervision and consultation group opportunities.

## Dates:

03 & 04 March 2025, 9am-5pm at Sorrento in the Park, One Tree Hill Auckland 07 April 2025, 9am-3pm ONLINE 09 & 10 June 2025, 9am-5pm at Sorrento in the Park, One Tree Hill Auckland The in-person trainings at the Sorrento include a delicious Lunch, Morning & Afternoon Tea

Cost: \$1795 (incl GST) AND \$1595 EARLY BIRD SPECIAL (until 24 January 2025)

For more details or to book click HERE