



12 OCTOBER 2024 WORLD SCHEMA THERAPY DAY

New Zealand programme

Come and join Estelle Macdonald, Clinical Psychologist and Director of Schema Therapy Training and Consulting (STTAC), here in New Zealand, on Saturday 12 October 2024 and find out more about Schema Therapy.

There is also a **worldwide programme** provided by the ISST, which can be accessed for free for a period of 7 days.

To find out more and to register please go to www.sttac.co.nz



International Society of
Schema Therapy

9.30am

Come and learn about
adult and child/
adolescent schema
therapy

10.30am

Learn about the
certification process for
schema therapy

11.30am

Find out more about the
use of creative
methods, such as sand
tray work, with schema
therapy

This is a free event

If you are interested in
attending, please fill in
the application form at
www.sttac.co.nz

SCHEMA THERAPY
TRAINING AND
CONSULTING

Email: info@sttac.co.nz

Website: www.sttac.co.nz