

Working with Chronic Pain



With
Kevin E Vowles, PhD

- **17th – 25th Sep 2024 (4 x 3 hour sessions)**
- Starts 8.30pm (Wellington time)
- 12 hours (12 CE credits)
- Intermediate level skills workshop
- Recording available for 6 months
- For Psychologists, Medics, OTs, Pain Specialists Therapists & GPs



Find out more

What you'll learn

- The ACT theoretical model and its impact on treatment targets.
- Clinical skills to enhance acceptance, mindfulness, and clarity in valued actions.
- Values-based actions for effective treatment in chronic pain settings.
- The relationship between ACT theory, assessment, and shared treatment plans.
- How to prioritise components for ACT in chronic pain case conceptualisation.

We invite you to join us as we explore this fascinating area of research and practice to explore how Acceptance and Commitment Therapy (ACT) can make a meaningful difference in the lives of those suffering from chronic pain.

We also have over 100 hours of on-demand online training, ready when you are! Plus save on training when you join us for supervision:

www.contextualconsulting.co.uk