



CHILD AND ADOLESCENT ISST SCHEMA THERAPY TRAINING IN NEW ZEALAND

**PRESENTER: ESTELLE MACDONALD, ISST
CERTIFIED CA-ST TRAINER AND SUPERVISOR**

Module 1 and 2 training for MH professionals

Come and learn about how schema therapy can be applied to children and adolescent clients. Schema therapy is helpful for those young clients who are struggling with a variety of issues, including trauma, anxiety, attachment difficulties and so forth. It involves not just cognitive strategies but also experiential work, involving chair dialogue work, imagery work and parent coaching.



Training Dates:

**In person in
Wellington, NZ**

**10-12 September
2024**

Online

**23-25 October
2024**

**Modules 3 and 4 to
follow in early
2025**

Cost:

**NZ \$750 for 3-day
training**

**SCHEMA THERAPY
TRAINING AND
CONSULTING (STTAC)**

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