



Annual Report, 2021 - 2022

Tēnā rā koutou katoa. E mihi kau ana ki a koutou ngā kaimahi o te rōpū NSCBI me ngā kaimahi o Te Rōpū Mātai Hinengaro o Aotearoa.

The National Standing Committee on Bicultural Issues (NSCBI) currently has 22 members. We welcomed two tauwiwi new members to the committee; Dr Rebecka Graham and Dr Jane Furness based in Waikato. Sarah Goldsbury; a Māori Clinical Neuropsychologist based in Te Tai Rāwhiti, Gisborne and Carrie Clifford, a student representative also joined the committee.

NSCBI Committee Members: Dr Waikaremoana Waitoki, Dr Hukarere Valentine and Dr Rebecca Wirihana (Bicultural Directors & Convenors); Dr Pikihiua Pomare, Associate Professor Bridgette Masters (Treasurer); Dr Rose Black, Dr Ray Nairn, Dr Ainsleigh Cribb-Su'a, Prof Angus Macfarlane, Dr Pip Pehi, Lisa Stewart, Dr Megan Fitzpatrick, Dr Jade Le Grice, John Pahina, Tania Cargo, Carrie Clifford, Dr Rebekah Graham, Dr Jane Furness, Sarah Goldsbury, Jaimee Kleinbichler, Kirsty Dempster-Rivett and Samantha Patel.

STRATEGIC PLAN 2021 – 2025

key areas:

- 1). Solidify Māori leadership and representation in all areas of psychology: Governance, Management, academics, researchers, practitioners, students, consumers.
- 2). Recognition and Promotion of Māori psychology
- 3). Accountability and responsibility for Te Tiriti o Waitangi is made explicit
- 4). Whānau Māori receive psychological services that reflect their cultural worldviews

Key values underlying the goals:

- Whakapapa: Knowing who we are and where we come from
- Kotahitanga: Joining for a common purpose
- Rongo: Listening to our senses
- Moemoeā: Purpose for the future
- Ngā taonga tuku iho a ngā tūpuna: Protect and live by the values of our tūpuna (ancestors)

Activities to date:

- 1) Acknowledgement to Pikihiua Pomare for her role and time as the Bicultural Director of the NSCBI and the significant contribution she provided while in the role. Her

experience and expertise were invaluable. She has stepped down in order to focus on her research.

- 2) We would also like to thank Dr Rebecca Wirihana for taking on the role of Bicultural Director. Rebecca has been in the role since April and brings with her a wealth of experience, skill and expertise that will be vital in the NSCBI strategic vision moving forward.
- 3) He Paiaka Totara hui was held November 19-20 2021. Originally it was due to be face to face however due to lockdown and covid it was shifted to online.
- 4) NSCBI celebrated their 30th Anniversary in 2021, again due to covid it was shifted to an online platform. The celebration was enlightening and amazing korero from past directors.
- 5) Rose Black and Moana attended the tangihanga for Moana Jackson.
- 6) Moana, Rebecca and Hukarere are involved in the Professional Psychologist Advisory Forum that is focused on the wai claim and the development of an apology from Psychology in Aotearoa. The NSCBI are in this roopu in an advisory capacity. Meetings are on a monthly ongoing basis.
- 7) Moana is involved in the Code of Ethics review they are considering sending a second survey to continue gathering feedback about this process
- 8) Cultural workshops and keynotes this year from Assoc Professor Veronica Tawhai, Armon Tamatea and Denise Kingi-Uluave.
- 9) Several of our members were involved in developing and leading out the He Paiaka Totara webinars during the COVID lockdowns, which initially focussed supporting well-being and promoting adaptive coping strategies during lockdown. There are now several wānanga focussed on specialist areas with a large focus on whānau ora spanning topics on wairua, tane ora, wāhine ora and tamariki ora. We had guest speakers from Te Whenua Moemoea join us and diverse range of speakers from across Aotearoa. These webinars are now being used as teaching tools in the UoA clinical program. NSCBI members are being asked to evaluate this process with a view to developing these training tools further
- 10) Rebecca is meeting regularly with Siaan Nathan (Inaugural Kaupapa Māori Professional Psychology Lead) regularly to develop and focus on how this role can work collaboratively with the NSCBI

Planned for the rest of the year:

- Work to be revisited on the NSCBI strategic plan with a strong focus on developing He Paiaka Totara as an independent entity
- Quarterly meetings reinstigated for NSCBI
- Members of the NSCBI exective roopu will also involved be in a hui with Allen and Clarke related to cultural consultation around the Psychological Practitioner feasibility project.

- Te Reo Māori strategy is currently being developed and is being discussed in the context of how we actively progress He Paiaka Totara as a stand alone entity
- Plan and deliver He Paiaka Totara Wānanga
- Reinstigate and/or monitor the progress of He Paiaka Totara Regional meetings

Achievements and opportunities

We are extremely proud of our colleagues for committing to providing the webinar series during lockdown periods. We are deeply aware of the full responsibilities Māori psychologists maintain in their work and personal lives and would like to acknowledge the hard work and commitment provided to participate in this series through some of our most difficult lockdown periods. We owe a massive thanks to Moana for coordinating these webinars and for pulling us all together while we were all still working through every lockdown to varying degrees. We are also extremely thankful to He Paiaka Totara for opening a space for Māori psychologists to speak freely and to enable access to so many of our colleagues across both the NZPsS and the NZCCP to deliver these webinars collaboratively. Moving forward we have asked our members to evaluate these tools when they are using them to teach within the university curriculum to identify the potential to continue using this medium as a method as a teaching modality and/or growing a database of knowledge. The webinars have also opened connections among our Paiaka Tipu and Paiaka Totara regionally and nationally and this has created pathways for connecting to engage in supervision, teaching and whakawhanaungatanga. For example, Moana and Luke have been running writing wānanga with our taura and Rebecca is supporting 2 Māori Dclin Students to provide additional supervision throughout their training.

The NSCBI has been able to manaaki whānau during tangihanga throughout the pandemic and representation for our members during these times has been similarly extremely important for whānau during a period when access to and contact with whānau has been limited. Again, utilising digital media has been a wonderful tool for maintaining connection with each other during these difficult times. Moving forward, we believe it is possible to create a template from which we can continue to manaaki whānau in the provision of koha and by ensuring that we have representation when and where needed to do so.

Using digital media we were able to run a He Paiaka Wānanga Totara Wānanga online last year. Again, this was important for ensuring that we maintain our connections nationally and provide a space for our members to come together to whakawhanaunga, learn and deliberate during the pandemic.

Our involvement in the work towards our profession apologising for the racism it has caused in Aotearoa is a pathway for facilitating healing from generational harm this has caused for whānau. We also see it as a further opportunity for us to contribute to systemic change within our profession to ensure this no longer occurs.

Pākehā/Tauīwi Action Plan (overview) to operationalise values and goals 2021-2025:

- 1) Strategically highlight with Pākehā how the hostile working environment Pākehā create alienates Māori
- 2) Develop relationships with Anti-Racism groups.
- 3) Develop training material and professional development for Pākehā practitioners
- 4) Intentionally promote Māori psychologies (e.g. books, webinars, articles) in social media and in wider NZPsS publications
- 5) NZPsS Conference: Pākehā/Tauīwi Caucus. Set key themes in advance and use this space intentionally and strategically to align with NSCBI values and goals
- 6) Proactively write a response to Wai2572 #1.1.1 Claim by Michelle Levy in 2021
- 7) Lunchtime Monthly Webinar Series 1: Conversations with Pākehā elders re their (TToW) work in psychology, looking back to move forward
- 8) Lunchtime Monthly Webinar Series 2: Conversations with Pākehā practitioners re current challenges
- 9) Create well moderated online and in-person spaces for Pākehā practitioners to discuss TToW and biculturalism in their practice. Start with the 5 values from NSCBI – what they are, their meaning, how we will implement these in our practice.
- 10) Gather together online conversations and webinars into an edited collection for publication (Looking Back to Look Forward?)

The Tauīwi caucus have run online webinars from February to June 2022. The webinars have been interactive and discussion based and were run between February and June. Topics have included; Challenging institutional racism and being actively anti-racist, Inclusive Psychological Practice in Action, Addressing racism in prisons and New Ways of addressing Harm, Healing Childhood Maltreatment and Breaking the Cycle of Family Harm, Leading your Organisation into Te Tiriti Responsiveness: Lessons Learned Along the way.

Planned activities (to end of 2022):

- One more webinar on Tuesday July 19, with Quentin Abraham and Sharnee Escott. Topic: Navigating two cultures of psychological being, education and wellness in educational psychology.
- Committee debrief and future planning (August) on webinar series and analysis of webinars as a mechanism to meet caucus goals.
- NZPsS Annual Conference – Pākehā/Tauīwi Caucus interactive session. This will reflect on the activities of the caucus over the past 12 months, and then discuss these in light of the NSCBI values and key strategic directions for the upcoming 12 months. This will include individual reflection on contributions to addressing racism in psychology as well as exploring mechanisms for group accountability.

Achievements and opportunities

2022 represented new opportunities for meeting online, with increased uptake of and familiarity with Zoom, and tools such as breakout rooms and interactive whiteboards useful for generating discussion.

This is the first year that the Pākehā/Tauīwi caucus has initiated webinars as a means of encouraging cross-institute and cross-regional interaction and discussion on addressing racism in our psychological practice. We have trialled a variety of speakers to see where things land for psychologists and as a way of connecting like-minded persons across the country.

There is opportunity for further professional development that raises the depth of conversations and level of accountability to each other. We will continue to explore what these might be and what this might look like.

Finally, we also welcome anyone who might like to be part of the NSCBI committee. For further information, please contact Waikaremoana: moana@waikato.ac.nz

For those interested in supporting a Pākehā Tauīwi Special Interest Group, please see Rose Black rblack@xtra.co.nz

Bicultural Directors

Dr Rebecca Wirihana & Dr Hukarere Valentine. Supported by President, Dr Waikaremoana Waitoki.

