

# Clinical Psychology

Clinical Psychologists are concerned with the diagnosis, treatment and prevention of a wide range of behavioural, relationship and mental health problems. Their practice is primarily undertaken with individuals who suffer from psychological problems, for example those diagnosed with mental disorders such as major mood or anxiety disorders. Clinical psychologists work in diverse settings including private practice, primary care, District Health Boards, Family Court, Accident Compensation Corporation, Māori mental health, justice and forensic services, paediatric and youth mental health etc. Clinical psychologists are also employed in physical health and disability settings. They work with individuals at all stages of the lifespan as well as with families and other groups and may specialise in specific areas of psychology. Clinical psychologists are scientist-practitioners who are trained in the delivery of a range of techniques and therapies with demonstrated effectiveness in treating mental health disorders. They are specialists in applying psychological theory and scientific research to solve complex psychological problems requiring individually tailored case-formulations and interventions. In addition to professional practice, clinical psychologists may be involved in research, teaching and supervision, programme development and evaluation, public policy and other activities that promote psychological health in individuals, families, groups, and organisations.

To register as a clinical psychologist you need to have a minimum of a Masters degree in psychology from an accredited educational organisation and an accredited Postgraduate Diploma in Clinical Psychology, or equivalent qualification. Eligibility for the clinical psychologist scope of practice requires a Psychologists Board approved practicum or internship involving 1500 hours of supervised practice.

To find out more about clinical psychology internships and study opportunities click below.

University of Auckland: <http://www.psych.auckland.ac.nz/uoa/home/for/future-postgraduates/postgraduate-study-options/doctorate-in-clinical-psychology>

Victoria University : <https://www.victoria.ac.nz/psyc/study/postgraduate-study/pgdipclinpsyc>

University of Canterbury: <https://www.canterbury.ac.nz/study/qualifications-and-courses/postgraduate-certificates-and-diplomas/postgraduate-diploma-in-clinical-psychology/>

University of Otago: <http://www.otago.ac.nz/psychology/clinicalpsychologycentre/>

Massey University: <https://www.massey.ac.nz/study/all-qualifications-and-degrees/doctor-of-clinical-psychology-PTCLP/>

University of Waikato: <https://www.waikato.ac.nz/study/qualifications/postgraduate-diploma-in-psychology-clinical>

To find out more about registering in the Clinical Psychology scope of practice go to

<https://psychologistsboard.org.nz/looking-to-register/scopes-of-practice/>