



The Psychologist WOF CCP in the Educational Psychology Context

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New Zealand
PSYCHOLOGISTS BOARD

Te Poari Kaimātai Hinengaro
o Aotearoa

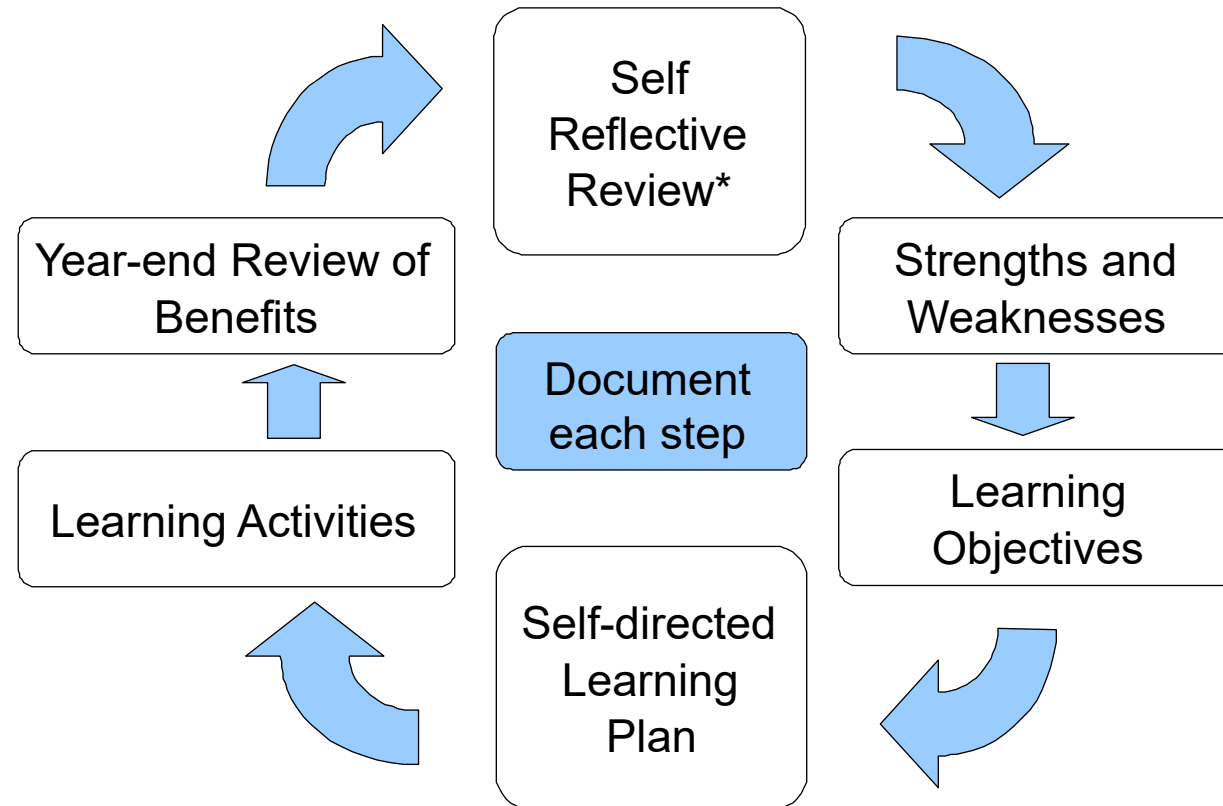
**The Continuing Competence
Programme for
Psychologists Practising in
Aotearoa New Zealand:
A Guide for Participants**

Declaration

I, **TEST USER** declare that as I apply for renewal of my current PC for the period 1 April 2021 to 31 March 2022:

- a. I hold a current (2020/2021) PC;
- b. I have not been charged with or convicted of any offence potentially punishable by imprisonment for a term of 3 months or longer since last applying for a practising certificate;
- c. I have met all requirements of the Board's prescribed Continuing Competence Programme during the 2020/2021 practising year; (N.B.: If this statement is not true please send a separate written explanation to info@nzpb.org.nz or request exemption from CCP using the [attached form](#).)
- d. I do not have any physical conditions that impact on my ability to perform the functions required for my profession;
- e. I do not have any mental conditions or addictions that impact on my ability to perform the functions required for my profession;

The CCP (six step) model



*Against Core Competencies
and with Supervisor's involvement

Self-reflective review

1. Discipline, Knowledge, Scientific Foundations and Research

- What areas of knowledge are particularly relevant to my work ?
- Are there any gaps in my foundation knowledge ?
- Are there areas of research or theory relevant to my area of practice that I need to brush up on ?
- Is my practice consistent with the best evidence available ?
-

Strengths, weaknesses, challenges

Objectives for development

Learning plan

2. Diversity, Culture and the Treaty of Waitangi / Te Tiriti O Waitangi

- Do I need to strengthen my cultural competence?
- What range of cultures do I encounter in my work, and how does this impact on what I do?
- Do I know who to consult for cultural supervision?
- Do I understand the relevance of the Treaty of Waitangi to my work?
- What can I do to improve my awareness of my own cultural identity?
- How strong is my knowledge of Māori models of practice ?
- How am I addressing health inequities in my practice?
-

3. Professional, Legal and Ethical Practice

- Do I have a working knowledge of legislation, standards, codes and guidelines relevant to my areas of practice ?
- Am I sufficiently familiar with the Code of Ethics ?
- What are the main ethical challenges that I have encountered ? Am I satisfied with how I dealt with those challenges ?
-

4. Framing, Measuring and Planning: Assessment and Formulation

- Is my knowledge of psychometric tests up to date ?
- Would I benefit from reviewing the strengths and limitations of methods of assessment ?
- How can I improve the evaluation of my interventions ?
-

5. Intervention

- How can I become a more effective agent to support desired change ?
- Are there new evidence-based interventions that I would like to learn about ?
-

6. Communication

- Would I benefit from reviewing my interviewing skills or report writing with my supervisor ?
- Would a course in computer skills usefully enhance my professional communications ?
- How user-friendly are my reports and letters?
- How am I using telehealth in my practice?
-

7. Professional and Community Relations, Consultation, Collaboration

- Can I improve my ways of contributing to my workplace team ?
- What other agencies or people are relevant to my work – and how are my relationships with them?
- How is my knowledge of the work of other agencies?
- Would my contact with other professionals benefit from being updated to review how best to work effectively together ?
-

What questions would you ask...

- Reflective practice
- Supervision

Choosing what to focus on

- Review all the core competencies plus the educational ones
- High priority on cultural competence
- Focus on three to four areas
- Cycle through all areas over time
- Fine to defer a learning goal
- Fine to change your plans

Learning Objectives (Grey text are examples only – remove before use) What I intend to learn based on identified competencies	Learning Plans (Grey text are examples only – remove before use) How I intend to learn/meet objective	Activities completed to achieve Learning Objective (Grey text are examples only – <u>remove</u> before use)	Reflection
Improve understanding of Maori worldview (CC: Diversity, Culture and <u>ToW</u>).	Attend workshops such as Beyond Diversity workshop Work alongside <u>Kaitakawaenga</u> with all Maori clients to establish strong <u>whakawhanaungatanga</u>	Attended Beyond Diversity Workshop 22-23 April 2021	The BD workshop opened my eyes to racism from a Maori point of view; to my own white privilege, and how this has led me to ignore the depth of racial inequity in this country. I am still unsure on exactly how I can make this right in my own practice but am continuing to learn all I can from our <u>Kaitakawaenga</u> . I have worked alongside our KW in two cases so far, meeting the whanau with him and seeing how he searches for links between himself and them to begin <u>whakawhanaungatanga</u> .
Increase knowledge of trauma presentation, <u>assessment</u> and intervention in education context (CCs: Discipline, Knowledge, Scholarship and Research; Intervention).	Research articles explaining trauma, its effects on brain and recommended interventions. Attend Understanding Behaviour, Responding Safely Training Day (<u>MoE</u>)	Read: -Making Space for Learning: Trauma Informed Practice in Schools (Australian Childhood Foundation) - Watched: Childhood Trauma and the Brain (UK Trauma Council) Attended: UBRS Training (<u>MoE</u>) on 15/03/2021.	
Improve user-friendliness of assessment/plan/report formats (CC's: Communication; Reflective Practice).	Request templates/exemplars from other psychologists' practice <u>in order to</u> glean most appropriate/effective features to refine/improve my own plan templates going forward		

Being audited

	CCP Steps and objectives	Minimum required elements	Met	Partially Met	Not Met	Auditor's Comments
1	Log Book kept Objective: To create a running record of the basic details of your CCP participation.	A copy of your electronic or hard-copy log book showing the dates and basic details of your key CCP activities is submitted to the Board on request.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
2	Self-Reflective Review completed Objective: To quickly and simply develop (with your supervisor's involvement) a critical overview of your practice by identifying those competencies requiring attention.	The date(s) that you completed your review are clearly documented in your log book. <input checked="" type="checkbox"/> Your supervisor has confirmed his/her involvement in your review. <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
3	Learning Objectives established Objective: Based on the insights gained from your SRR, to identify and record your learning objectives for the following year.	Your chosen learning objectives are documented clearly. <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
4	Learning Activities documented Objective: To keep a record of the activities you undertake towards achieving your learning objectives.	Your log book includes a clear record of all (CCP related) learning activities you undertook during the APC year being audited.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
5	Learning outcomes reviewed Objective: To critically appraise (with the full participation and feedback of your supervisor) the progress you made towards achieving each of your originally identified learning objectives.	The date(s) that you completed your review of learning outcomes are clearly documented. <input checked="" type="checkbox"/> Your supervisor has confirmed his/her involvement in your review. <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	

Declaration of CCP Participation (for the 2020/2021 APC year)¹

CCP requirements	Practitioner's signature confirming requirements completed	Date(s) requirement was completed	Supervisor's signature confirming involvement and completion of requirements
I, _____, declare that...			
...with the direct involvement of my supervisor, at the beginning of the 2020/2021 APC year I completed a self-reflective review of my competence with reference to the Board's prescribed Core Competencies for Psychologists Working in Aotearoa New Zealand.		/ /	
...based on the results of my self-reflective review, I developed learning objectives and learning plans for the 2020/2021 year.		/ /	
...during the 2020/2021 APC year I engaged in activities to meet my learning objectives.			
...with the direct involvement of my supervisor, at the end of the 2020/2021 APC year I conducted a review of my progress against the objectives I set at the beginning of the year and of the impact of my learning on my competence to practice.		/ /	
...I have kept records (including a logbook) of my CCP participation over the year that reflect my completion of the requirements noted above, and			
...I believe that I have met all requirements of the Board's prescribed Continuing Competence Programme during the 2020/2021 APC year.			
...the evidence and information I have provided to the New Zealand Psychologists Board for the purpose of the Continuing Competence Programme (CCP) Audit are a true and accurate record of my participation in the CCP over the 2020/2021 year.			

Date the beginning-of-year Self-Reflective Review was discussed with supervisor (Beginning of CCP year)	29/04/2021	Date progress with achieving learning objectives was discussed with supervisor (End of CCP year)	_____
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We're here to help

For all questions or advice

- Freephone: 0800 471 4580
- Email: info@nzpb.org.nz
- “Contact us” button on website, Enquiry form